

# Week-1 Day-1

## LEARNING SCHEDULE

<b>Prayer</b>	We shall overcome, someday, oh deep in my heart, I do believe, We shall overcome someday.
<b>Tongue twister</b>	Crush grapes, grapes crush
<b>Excersie</b>	Based on Overall Development
<b>Rhymes</b>	Book- Rhyme 4
<b>Concept</b>	Concept Book 2
<b>English</b>	Worksheet Kids English
<b>Math's</b>	Maths Made Fun B
<b>Arts</b>	Crayon Time C
<b>Hindi</b>	Worksheet Swar Gyan
<b>Concept</b>	Phonic Drill
<b>Additional Activity</b>	Based on Eight Multiple Intelligences

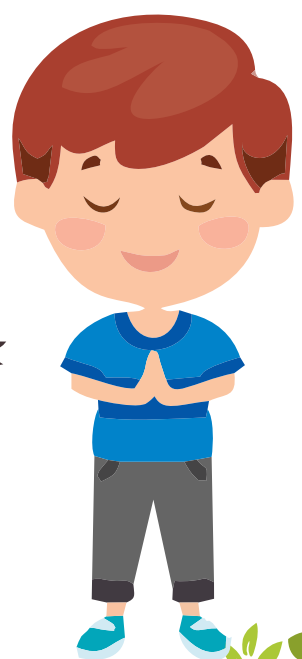


**Prayer Time**

**Musical Skills**



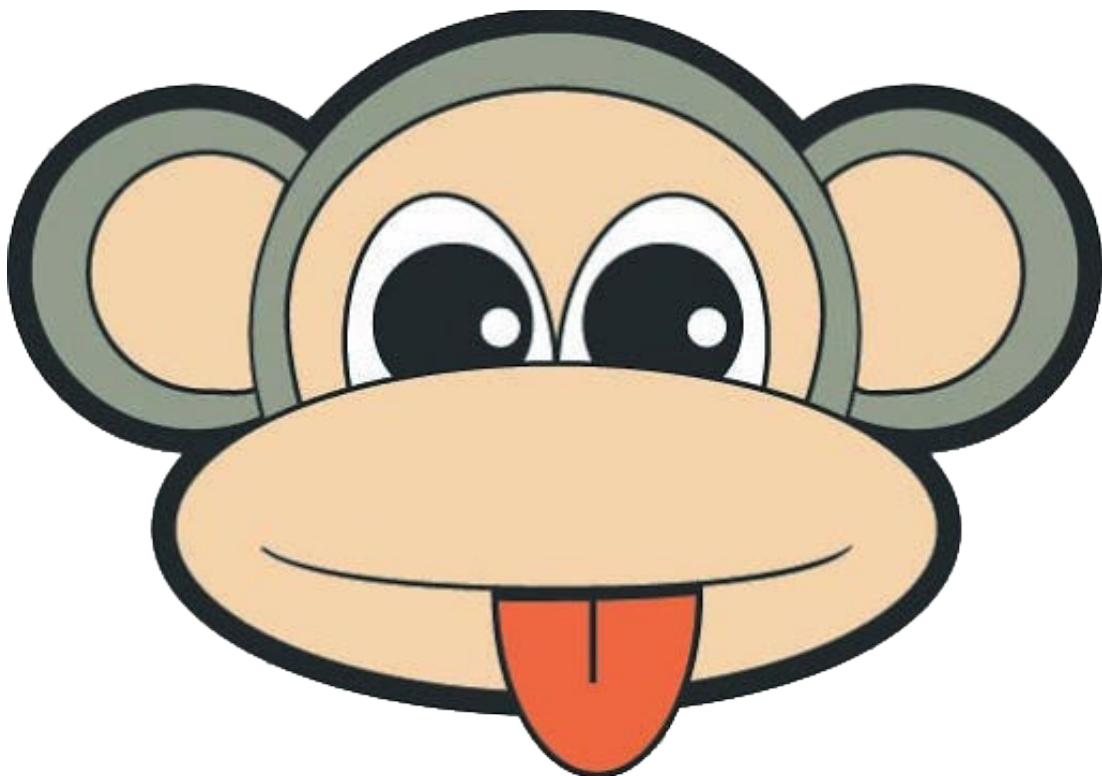
**We shall overcome,  
We shall overcome,  
We shall overcome someday,  
Oh, deep in my heart,  
I do believe,  
We shall overcome someday**



Tongue Twister Time

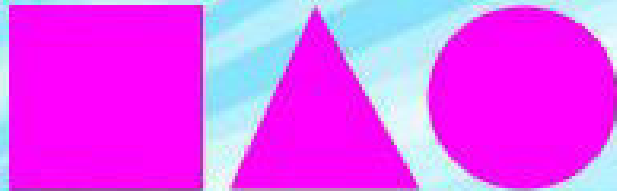
SPEECH DEVELOPMENT

**Fresh fried fish**  
**Fish fresh fried**  
**Fried fish fresh**  
**Fish fried fresh**



**BOOK- RHYME 1****SPEECH & LANGUAGE DEVELOPMENT****SHAPES**

A ring is a circle,  
A circle is round,  
And the sun, a ball, and a wheel is found.  
A square has four sides,  
A triangle has three,  
An egg is oval,  
And is good for me.



## Gross Motors

Modified for younger kids

Extended arms to salutation

Place sole of foot on the calf or inner thigh

Lengthen through the core

Grounded leg & foot

A diagram illustrating the tree pose (Vrikshasana) for younger children. On the left, a small child is shown in a prayer position (Anjali Mudra). In the center, a girl is shown in the tree pose, with her right leg raised and foot placed on her left calf. Her arms are extended upwards, joined at the tips. To the right is a simple illustration of a tree with a brown trunk and green foliage. Text labels provide instructions: 'Modified for younger kids', 'Extended arms to salutation', 'Place sole of foot on the calf or inner thigh', 'Lengthen through the core', and 'Grounded leg & foot'.

# Book Name: Concept Book Page No. 3

## Myself

This is me



My name is \_\_\_\_\_.

I am \_\_\_\_\_ years old. (Draw candles)



I come to school by \_\_\_\_\_ (Draw).

My favorite colour is  (Colour the box).

My favorite food is \_\_\_\_\_ (Draw).

**Book Name: Concept Book Page No. 3**

Through this activity child will introduce himself/herself. Learn these lines given below and prepare one small video of your child and float on the social media wall.

Assist them if asked. Encourage the child confidence during the activity. This is additional activity .

1. My name is \_\_\_\_\_
  2. I am a \_\_\_\_\_
  3. I am \_\_\_\_\_ years old.
  4. My school name is \_\_\_\_\_
  5. I read in class \_\_\_\_\_
  6. I like to play \_\_\_\_\_
  7. \_\_\_\_\_ is my favorite fruit.
  8. I like to read, I like to write;  
I like to think.
  9. I like to listen music.
  10. My hobby is \_\_\_\_\_
  11. I like to sleep early.
  12. I like to get up early in  
the morning.
- I always respect my elders.

## Book Name: Worksheet Swar Gyan Page No. 1

1. दो वर्णों वाले शब्दों की पुनरावर्ती हम एक गतिविधि के साथ करते हैं।
2. ऊपर दिए गए पृष्ठ पर लिखे शब्द बच्चा पढ़ेगा।
3. अब उस शब्द से सम्बन्धित। कृपया दिए गए शब्दों से सम्बन्धित वस्तुएं पहले ही रख ले।
4. अब बच्चा पहले उस वस्तु को देखेगा फिर उस वस्तु का नाम बोलेगा उदाहरण के लिए -- ट ब अब उसको बोलेगा ट ब ---, ट ब
5. तत्पश्चात वह चित्र में बस शब्द को पहचानेगा। अब वह शब्दों का लेख अपनी अभ्यास पुस्तिका में लिखेगा।

## दो वर्णों के शब्द

(रिक्त स्थानों की पूर्ति करो)

बस

फल

कप

जग

टब

चल

ठग



**Book Name: Worksheet Kids English Page No. 1**

## **WRITING READINESS KUKU**



- ✓ **The kid will do practice of pattern strokes for improving English cursive writing.**
- ✓ **Take a big bowl and fill with water now child will move his/her finger according the pattern.**
- ✓ **Then the child will trace this pattern in a notebook later he will paste the thread on patterns.**



Book Name: Worksheet Kids English Page No. 1

## WRITING READINESS KUKU

eeeeeeee

eeeeeeee

eeeeeeee

aaaaaaa

aaaaaaaa

aaaaaaaa

lllllll

lllllll

lllllll

दो वर्णों के शब्द  
रिक्त स्थान की पूर्ति करो



Child's Name : .....

Date : ..... Day-1 .....

बस

फल

कप

जग

टब

चल

ठग

Motivation tag : .....



## My Self This is me




Child's Name : .....

Date : ..... Day-1



My name is \_\_\_\_\_.

I am \_\_\_\_\_ years old.  (Draw candles)

I come to school by  (Draw).

My favorite colour is  (Colour the box).

My favorite food is  (Draw).

Motivation tag : .....

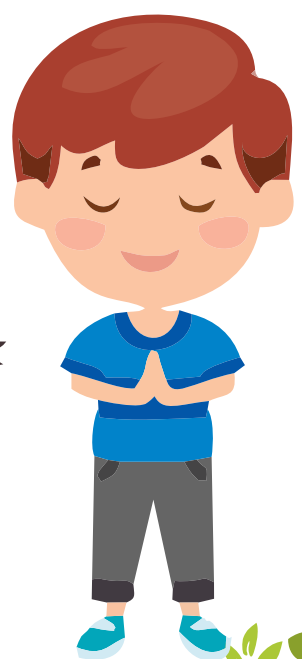




# Prayer Time



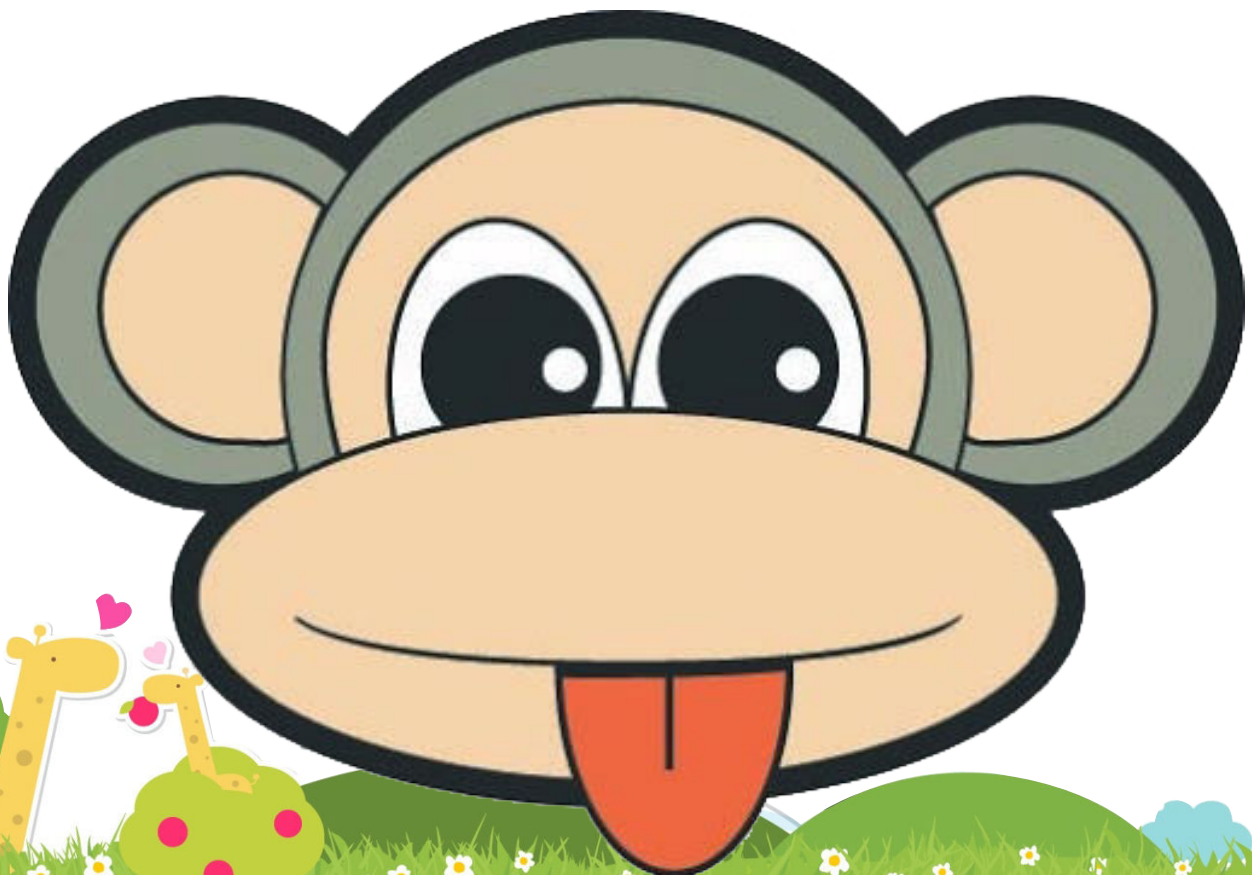
**We shall overcome,  
We shall overcome,  
We shall overcome someday,  
Oh, deep in my heart,  
I do believe,  
We shall overcome someday**



Tongue Twister Time

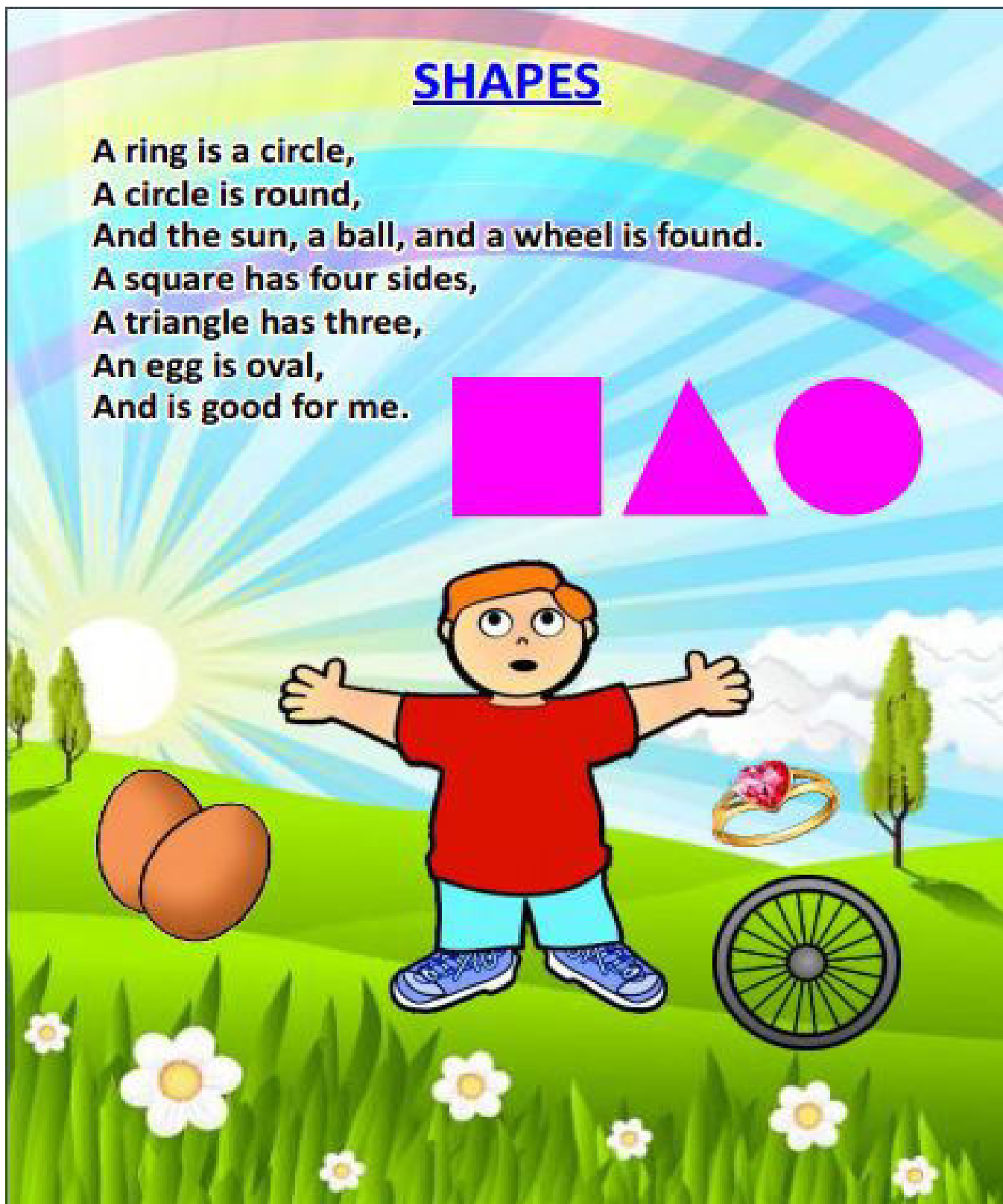
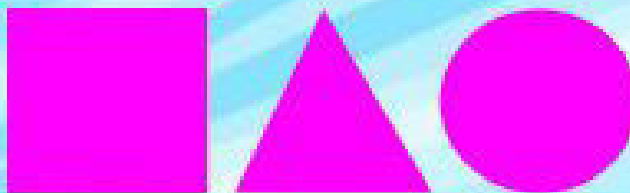
SPEECH DEVELOPMENT

**Fresh fried fish**  
**Fish fresh fried**  
**Fried fish fresh**  
**Fish fried fresh**



**BOOK- RHYME 1****SPEECH & LANGUAGE DEVELOPMENT****SHAPES**

A ring is a circle,  
A circle is round,  
And the sun, a ball, and a wheel is found.  
A square has four sides,  
A triangle has three,  
An egg is oval,  
And is good for me.



## Gross Motors

Modified for younger kids

Extended arms to salutation

Place sole of foot on the calf or inner thigh

Lengthen through the core

Grounded leg & foot





# Week-1 Day-2

## Book Name- Concept Book Page No. 5

### Learning Objective-

Child will be made aware of different kinds of families and family members.

Material Required- None.

Nurturing Strategies- Introduce the concept to the child. Tell him/her that we will talk about Family.

Parent/teacher- Can you tell me what a family is?

(Wait for the child respond)

Parent/teacher- In a family all the people live together under one roof.

They respect, love, share & care each other. They celebrate the festivals, birthdays and all the occasions together.

Parent/teacher- There are 3 kinds of family- Joint Family, Nuclear Family and Extended Family.

Joint Family is a family where mumma, papa, brother, sister, grandfather, grandmother, uncle, aunt and cousins all live together under one roof in one house. It is called a joint family.

Nuclear Family is a family in which you live with your mumma, papa, brother/sister.

Grandparents, uncle & aunt do not live with us. They live in a separate house.

Extended Family- In Extended family the members of the family live in another house due to lack of space or rooms. They live in the same city but in the another house.

Now ask the children who all live in Joint family, Nuclear family or Extended family.



# Week-1 Day-2

Book Name- Concept Book Page No. 5

## My Family

### My Father

Paste photograph

### My Mother

Paste photograph

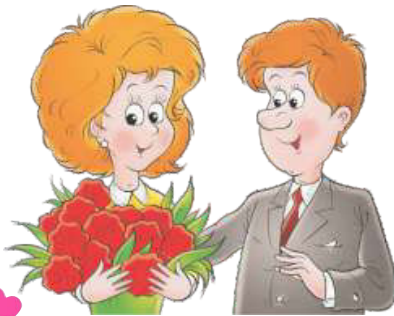
Tick  the people who live with you.



Grandfather  
Grandmother



Brother



Aunt - Uncle



Sister

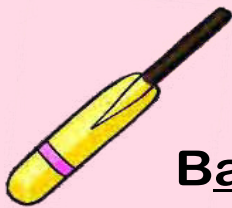


Baby

# Week-1 Day-2

## Book Name- Worksheet Kids English Page No. 3

- ⇔ Ask your child to recite the alphabet. Afterward, has his/her say which of the letters vowels are.
- ⇔ If necessary, remind the child that the vowels are A, E, I, O, and U.
- ⇔ Tell your child that she/he will be focusing on the /a/ sound.
- ⇔ Now the child will try to read the words from the book with the help of a parent



Bat

# Sound of 'A'



Cat



Mad



Dad



Tag



Bag



Fan



Van



Dam



Jam



Cap



Tap



Fax

## Activity Sheet

### My Family



Child's Name : .....

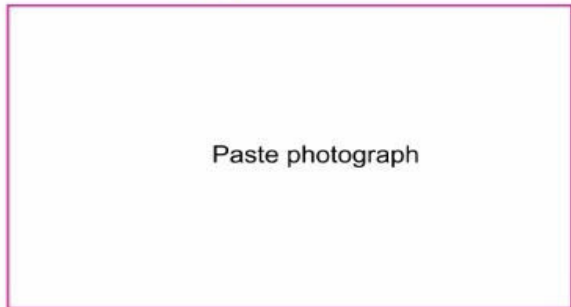
Date : ..... Day-2

My Father

My Mother



Paste photograph



Paste photograph

Tick  the people who live with you.



Grandfather  
Grandmother



Brother



Aunt - Uncle



Sister



Baby

Motivation tag : .....



## Activity Sheet



Day-2

Child's Name : .....

Date : .....

### Read Sound of 'A'



Bat



Cat



Mad



Dad



Tag



Bag



Fan



Van



Dam



Jam



Cap



Tap



Fax

Motivation tag : .....



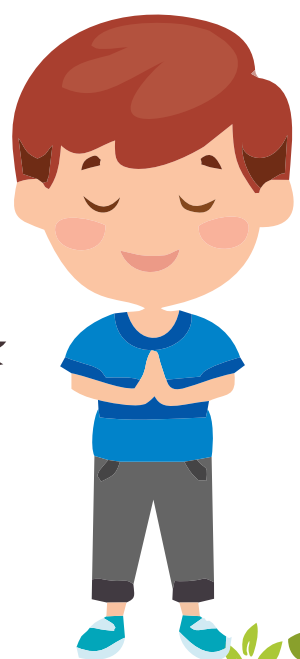


## Prayer Time



### Musical Skills

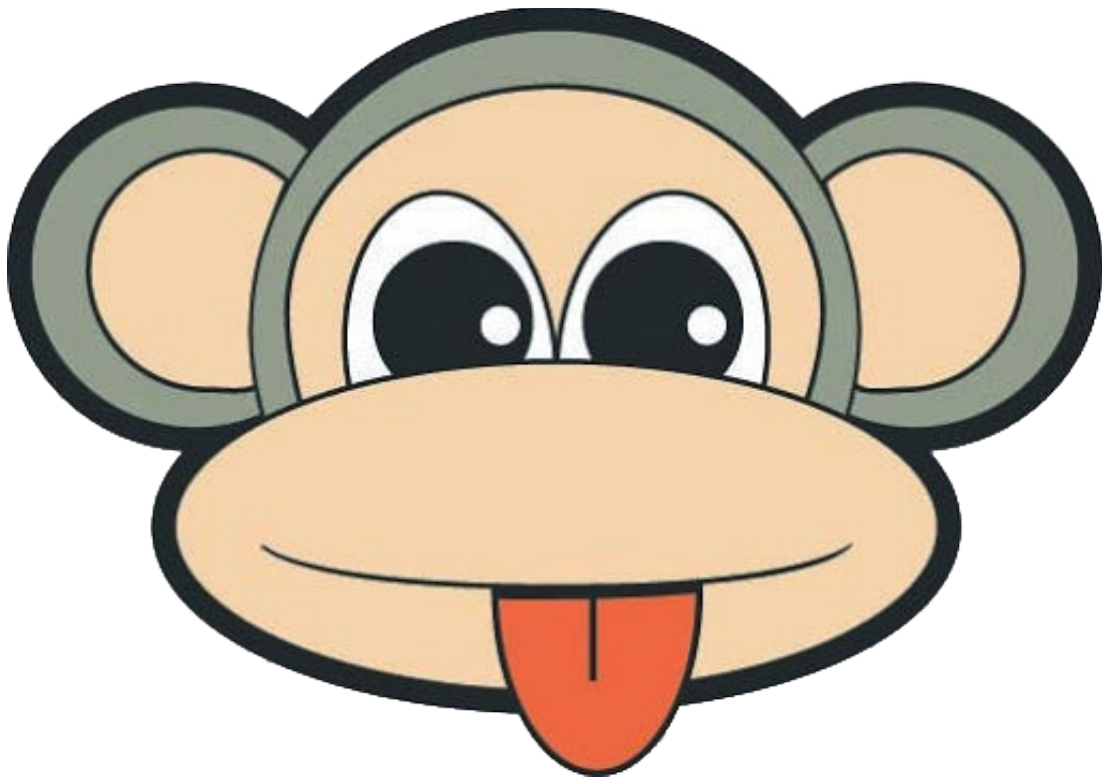
We shall overcome,  
We shall overcome,  
We shall overcome someday,  
Oh, deep in my heart,  
I do believe,  
We shall overcome someday



Tongue Twister Time

SPEECH DEVELOPMENT

**Fresh fried fish**  
**Fish fresh fried**  
**Fried fish fresh**  
**Fish fried fresh**



**BOOK- RHYME 1****SPEECH & LANGUAGE DEVELOPMENT**SHAPES

A ring is a circle,  
A circle is round,  
And the sun, a ball, and a wheel is found.  
A square has four sides,  
A triangle has three,  
An egg is oval,  
And is good for me.





## Gross Motors

Modified for younger kids

Extended arms to salutation

Place sole of foot on the calf or inner thigh

Lengthen through the core

Grounded leg & foot



**Book Name: Concept Book Page No. 6**

## **Activity Time**

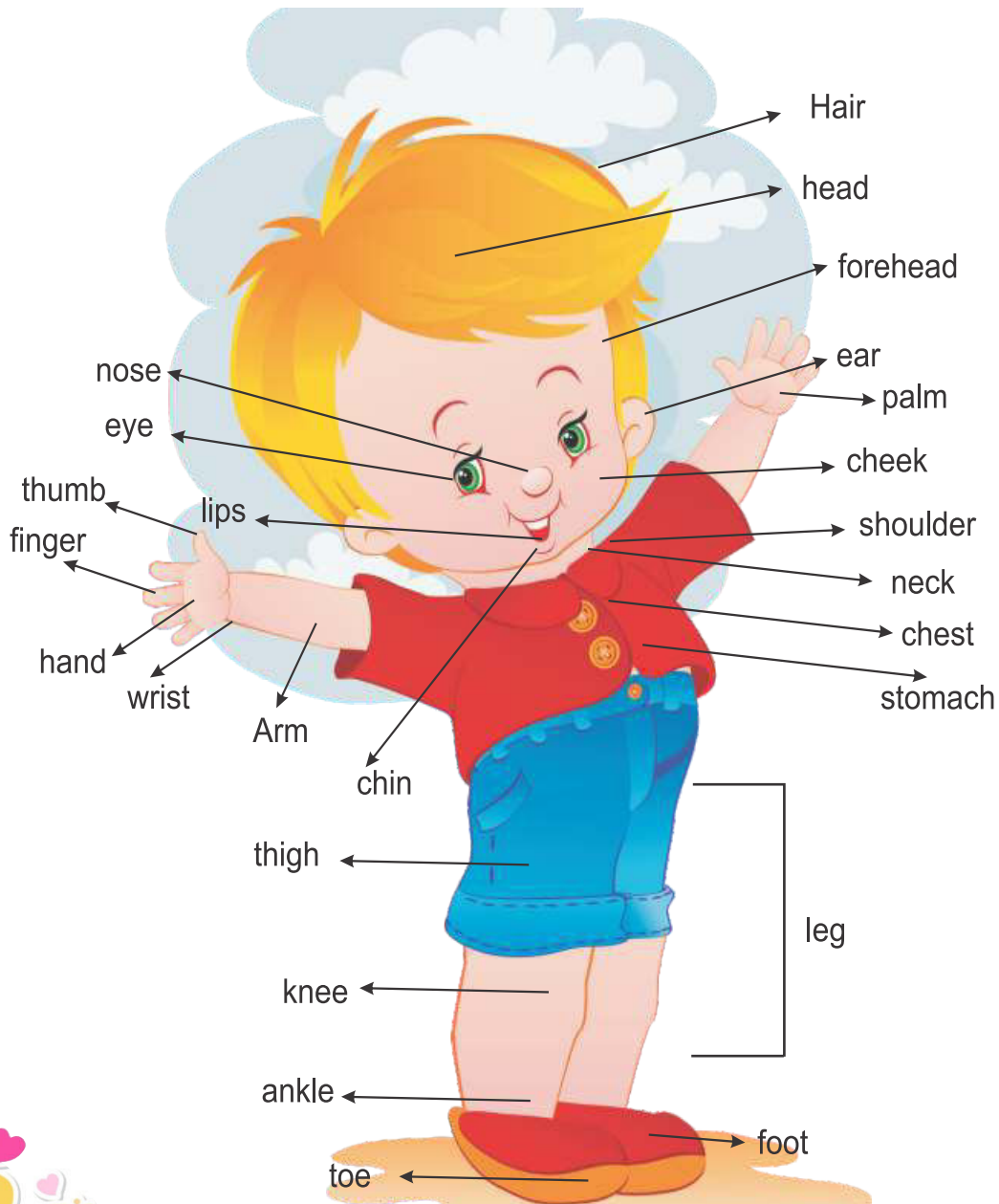
**Start the activity by showing the book picture.**

- ü Ask the child to touch and feel his/her body.
- ü This is our body. You are the boss of your body.
- ü We should not allow anybody to touch our body except our parents.
- ü Tell them that we all have 2 eyes, 2 ears, 1 nose, 1 mouth 2 hands and 2 legs but we all look different from each other.
- ü Talk about each and every body part in sequence i.e. From head to toe.
- ü Tell the child the function of the body parts.
  - oEyes- see; nose- smell; ears- hear; mouth- speak; tongue- taste; hands- write/ hold/ eat/ colour; legs- walk/ run/ jump; teeth-chew; skin-feel.
- ü Tell the kid these are our external organs i.e. They are outside the body.  
We all have organs inside our body as well they are called internal organs like- brain, food pipe, wind pipe, heart, lungs, liver, and kidneys. The heart is constantly beating, let us all feel our heart beat.
- ü Brain tells us what to do? How to do? And why to do?
- ü Through food pipe our food goes into our stomach and through the wind pipe air goes into our lungs.
- ü Lungs help us in breathing.
- ü Our food goes into the liver for digestion.
- ü Our kidneys help us to purify our blood.
- ü These internal organs are being protected by the bones and muscles.
- ü We have 206 bones in our body.
- ü These bones are white in colour and protect our internal organs.

## Book Name: Concept Book Page No. 6

### Myself

#### Parts of my body





## Activity Sheet

### 'a' sound words



UKG

Day-3

Child's Name : .....

Date : .....

*mad*

*dam*

*tap*

*pam*

*sad*

*pad*

Motivation tag : .....



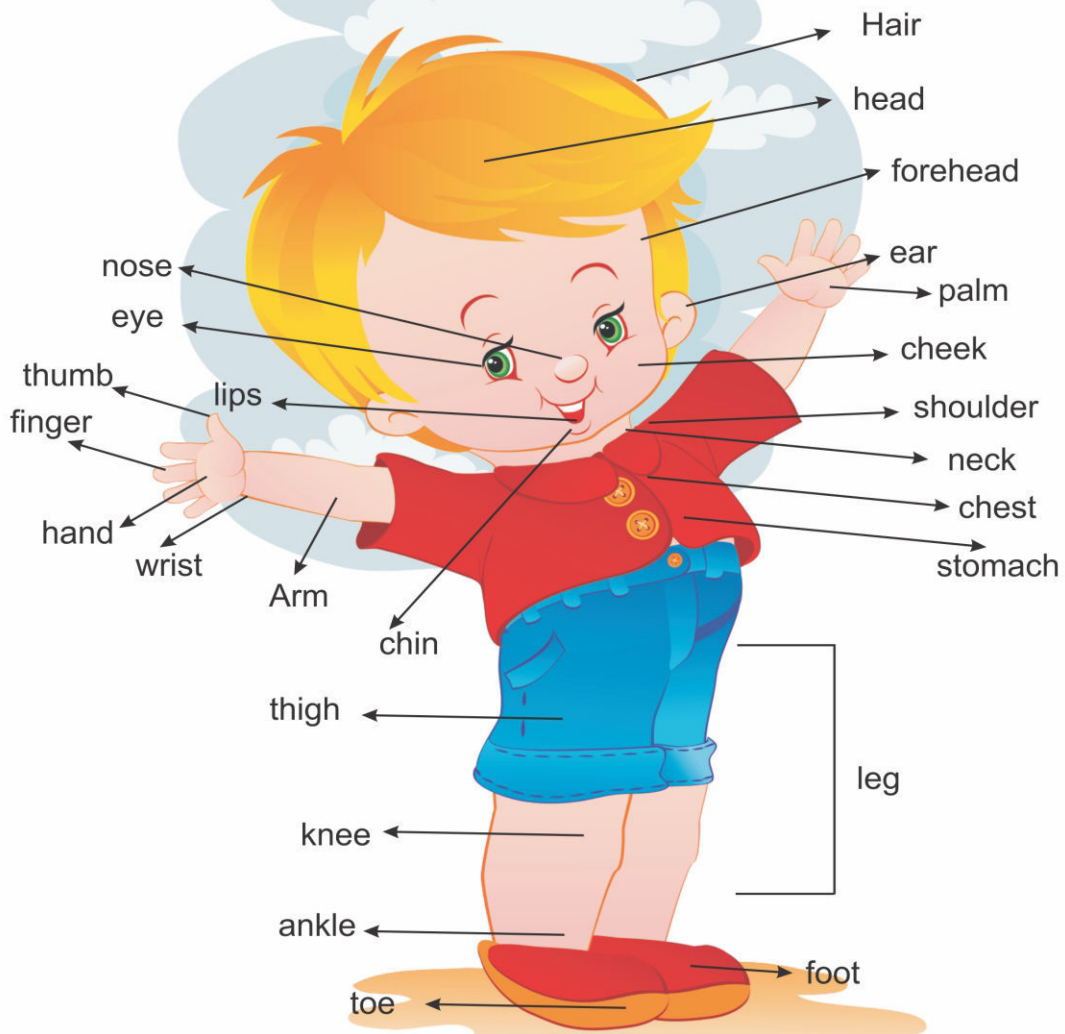
## Activity Sheet

# My Self Parts of my Body



Child's Name : .....

Date : **Day-3** .....



Motivation tag : .....



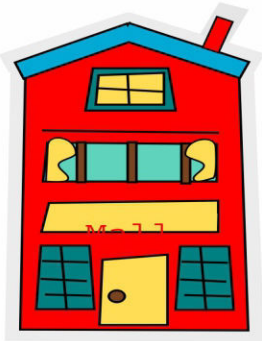
## Activity Sheet



Child's Name : .....

Date : ..... Day-3

### Tall or Short (Height)



Tall



Short



Tall



Short



Short



Tall

### Long or Short (Length)

Long



Short



Long



Short



Long



Short

Motivation tag : .....



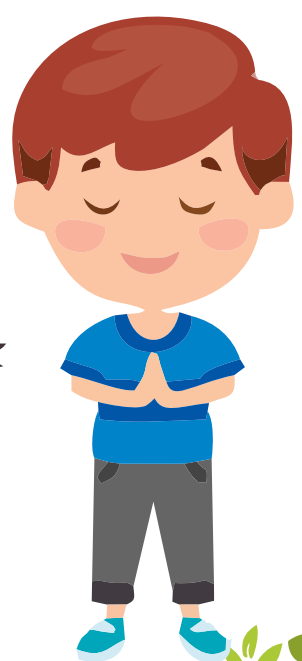


# Prayer Time

## MUSICAL SKILLS



**We shall overcome,  
We shall overcome,  
We shall overcome someday,  
Oh, deep in my heart,  
I do believe,  
We shall overcome someday**

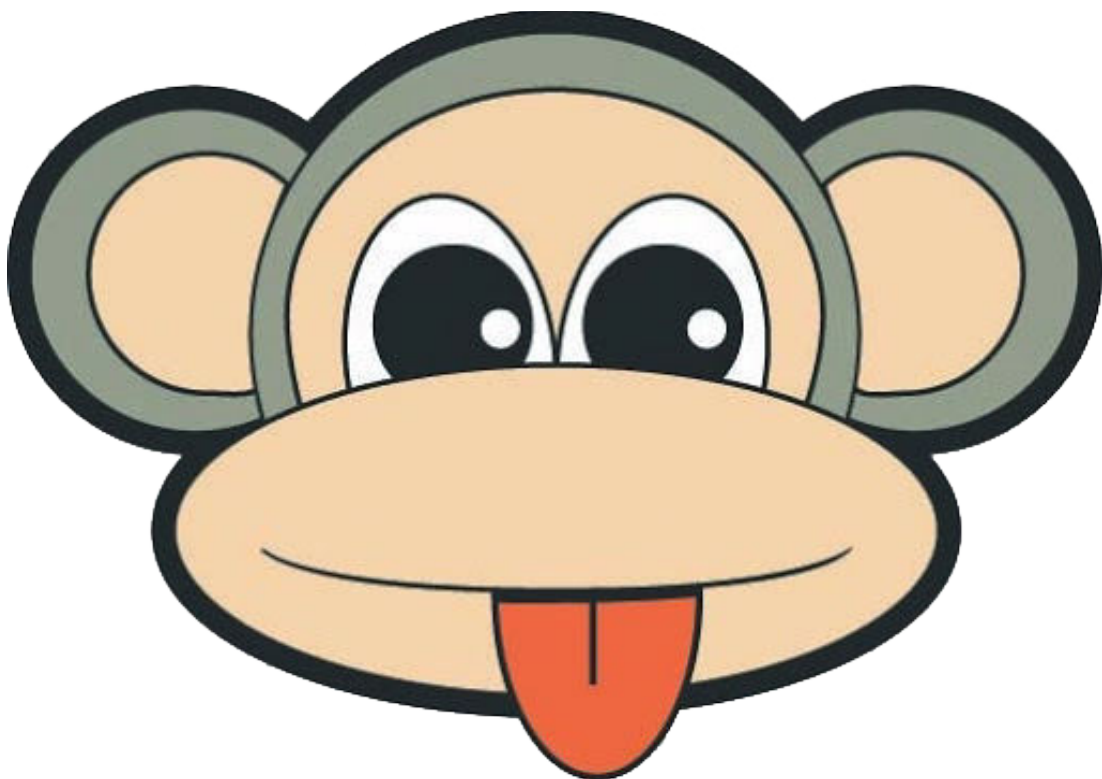




Tongue Twister Time

SPEECH DEVELOPMENT

**Fresh fried fish**  
**Fish fresh fried**  
**Fried fish fresh**  
**Fish fried fresh**



**BOOK- RHYME 1****SPEECH & LANGUAGE DEVELOPMENT**

## प्रार्थना

ईश्वर जैसा कोई न दूजा,  
हम सब करते उनकी पूजा।  
ईश्वर ने जो राह बताई,  
वही राह हमने अपनाई।  
सत्य-प्रेम से नही हटेंगे,  
ईमान से आगे बढ़ेंगे।  
ईश्वर के हैं हम सब बच्चे,  
काम करेंगे अच्छे-अच्छे।



## Gross Motors

Modified for younger kids

Extended arms to salutation

Place sole of foot on the calf or inner thigh

Lengthen through the core

Grounded leg & foot

This block contains three illustrations. On the left, a child with dark skin and curly hair stands in a prayer pose (Anjali Mudra) with hands together in front of the chest. In the center, a child with light skin and brown hair stands in a tree pose (Vrikshasana) with one leg raised and foot on the inner thigh, arms extended upwards in a prayer position. On the right, there is a simple illustration of a tree with a brown trunk and a green, rounded canopy.

## Book Name- Concept Book Page No.-10

- ✓ Ask the child to build connections between what he/she see in the book and what he/she does regularly.
- ✓ Now discuss about the picture with the child followed by asking some questions to the child. For e.g.
- ✓ What do you see in the picture?
- ✓ Do you like playing with your father?
- ✓ Do you like to go to the doctor?
- ✓ Do you enjoy books and reading?
- ✓ Which is your favorite story?
- ✓ What do you like most, running or skipping?
- ✓ Which is your favorite sport?
- ✓ Do you like rainy season?
- ✓ How do you help mother and father?
- ✓ What do you like to do with your Grandparents?

### Myself

Circle the things you enjoy most.



## चार वर्णों वाले शब्द

चार वर्णों वाले शब्द बच्चे को वाक्य आसानी से बनाने में मदद करते हैं. इसलिए यह आवश्यक है की बच्चा चार वर्णों वाले शब्दों की अच्छी तरह से पहचान करे और पढ़े

पढ़ो और याद करो

शबनम पनघट पर चला

बरतन भरा दशरथ नटखट मत बना

अहमद सरकस चला सज धज कर सरकस चला

मन उपवन तक चला कसरत करा

अनवर बरगत पर मत चढ़ा शबनम बरगत पर मत चढ़ा

झटपट करा बरतन उधर रखा गड़बड़ मत करा

शबनम गड़बड़ मत करा शबनम झटपट मत करा

खेल खेल में लिखे - छात्र चार वर्णों वाले शब्द

अपनी अभ्यास पुस्तिका में लिखेगा

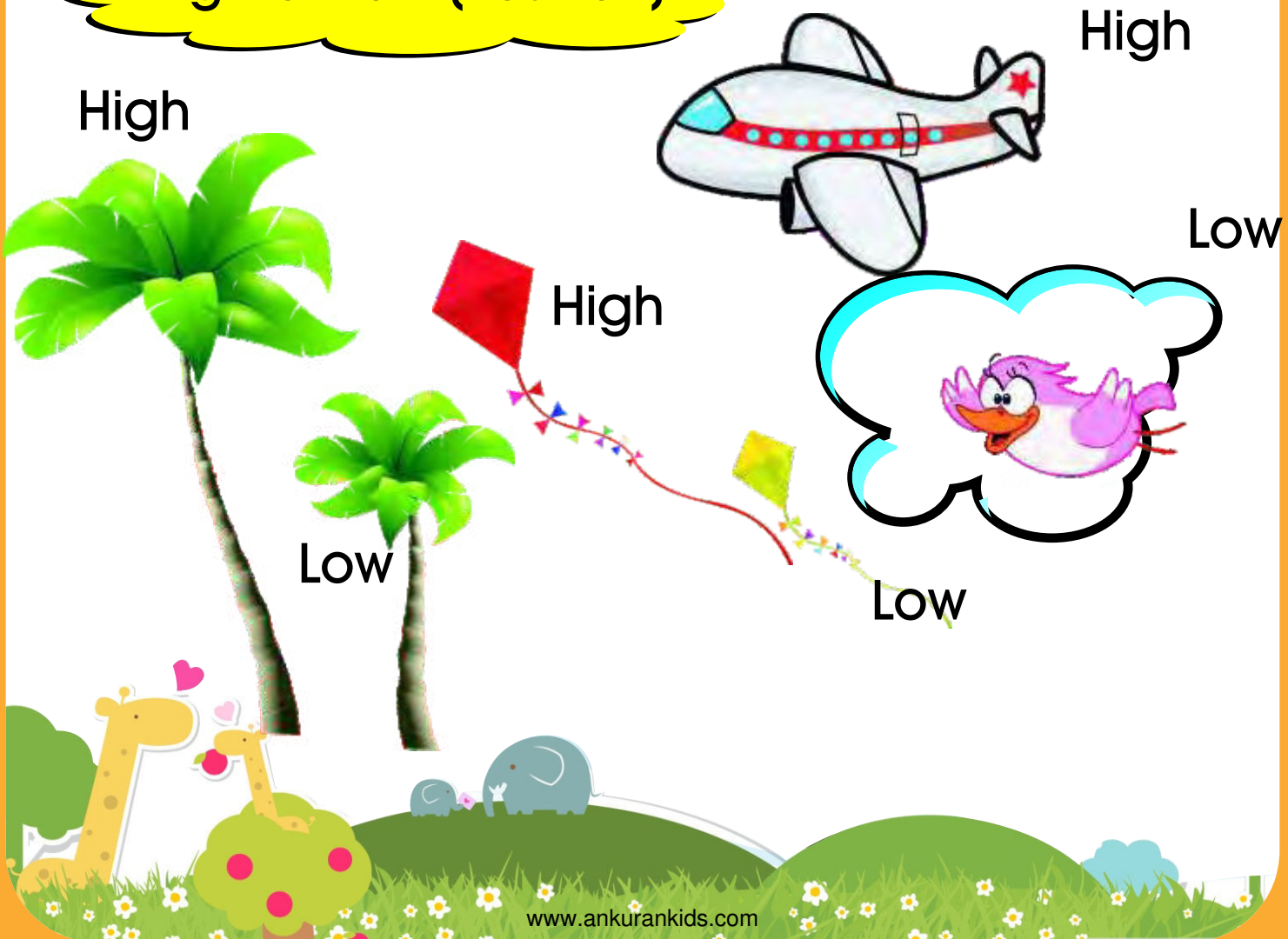


## Book Name: Math Made Fun B Page No. 5

- Start the concept of high and low by showing the picture from the book.
- Show the pictures of various things present in the book like a bird,
- High and low concept are related to altitude.
- In this picture Airplane is flying in the sky at the height.
- Bird is flying at low altitude.
- The tree is high in length.
- When you fly a kite its height is controlled by us depending on our choice, i.e. Whether we want to fly it high or low.

Now open your arms and pretend like, up up high high

### High or Low (Position)



## Activity Sheet

### My Self

Circle the things you enjoy most



Child's Name : .....

Date : **Day-4** .....



Motivation tag : .....



चार वर्णों के शब्द  
रिक्त स्थान की पूर्ति करो



Child's Name : .....

Date : ..... Day-4

शरबत

मरहम

खटमल

पनघट

अजगर

दलदल

सरकस

Motivation tag : .....





## Activity Sheet

**Circle the odd words from each group.**



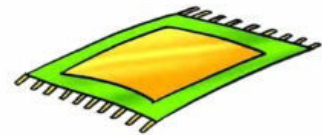
Day-4

Child's Name : .....

Date : .....



sad	tap	pad	tag	bag	bed
fat	fan	pup	rat	dad	bad
man	hit	pan	cat	mad	map
cot	wax	fax	hat	cap	mat



Motivation tag : .....



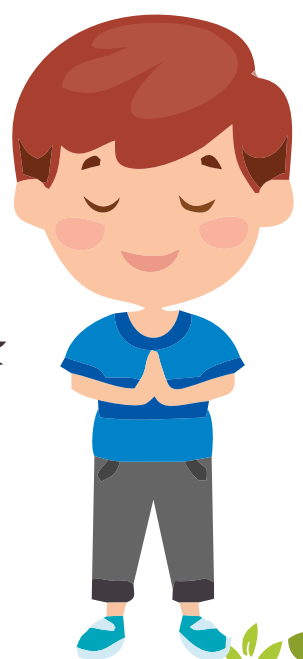


**Prayer Time**

**MUSICAL SKILLS**



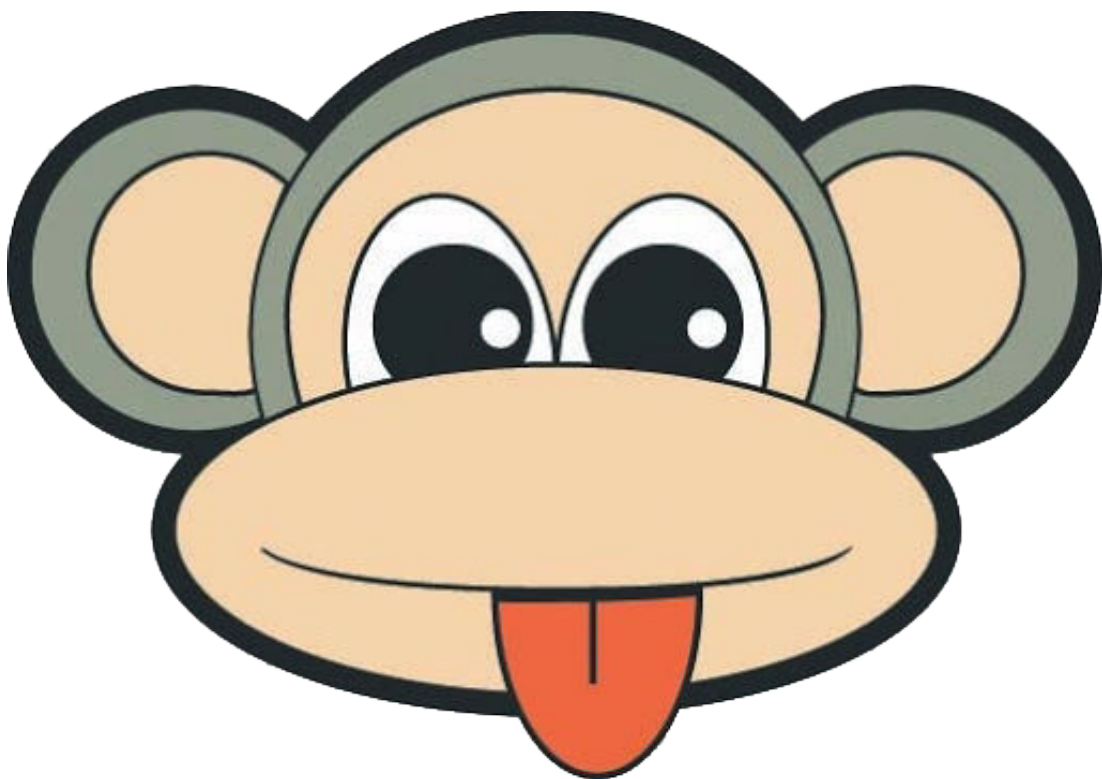
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We shall overcome,  
We shall overcome someday,  
Oh, deep in my heart,  
I do believe,  
We shall overcome someday**



Tongue Twister Time

SPEECH DEVELOPMENT

**Fresh fried fish**  
**Fish fresh fried**  
**Fried fish fresh**  
**Fish fried fresh**



**BOOK- RHYME 1****SPEECH & LANGUAGE DEVELOPMENT**

# प्रार्थना

ईश्वर जैसा कोई न दूजा,  
हम सब करते उनकी पूजा।  
ईश्वर ने जो राह बताई,  
वही राह हमने अपनाई।  
सत्य-प्रेम से नही हटेंगे,  
ईमान से आगे बढ़ेंगे।  
ईश्वर के हैं हम सब बच्चे,  
काम करेंगे अच्छे-अच्छे।



## Gross Motors

Modified for younger kids

Extended arms to salutation

Place sole of foot on the calf or inner thigh

Lengthen through the core

Grounded leg & foot



**Book Name: Concept Book Page.No-11**

- ✓ **Ask the child to build connections between what he/she sees in the book and what he/she does regularly.**
- ✓ **Start your conversation with the child with the sentences below.**
- ✓ **We say please to others because we do respectfully request to others.**
- ✓ **When we say thank you, it means that we are giving appreciation and gratitude to others.**
- ✓ **When you speak with someone always try to look into their eyes, for showing respect for the other person.**
- ✓ **When you do wrong actions against someone, then right away you should apologize by taking responsibility for your action.**
- ✓ **Meet others with a smile on your face and also with a good attitude so that you can depict your positive behavior.**
- ✓ **We need to say excuse me is to demonstrate good manners.**
- ✓ **Share your things with friends, sibling and cousins for showing helping attitude.**

**When you eat food always follow table manners**

## Book Name: Concept Book Page.No-11

## Good habits



Do not talk  
with food in your mouth.

Cover your  
nose and mouth  
when you sneeze.



Do not interrupt  
when others are talking.



Do not push  
when you walk in a line.



## Manners Bee



**Material required: Yellow water color /turmeric, black pen and scrapbook.**

### How to do:

- ✓ Ask the child about the good manners.
- ✓ Tell him/her do you want to make manners bee.
- ✓ Manners bee spreads happiness in our surrounding.
- ✓ If we should follow the regulations in these lockdown days. It's a good way.
- ✓ We should continue at home and be safe.
- ✓ Let's make manners bee.
- ✓ Dip your hand in yellow color and create an impression on the scrapbook.
- ✓ Let it dry go and keep aside in the room corner.
- ✓ Now you will draw lines on it and draw eyes and lip.

Here is your bee





## Activity Sheet

### Good Habits



Child's Name : .....

Date : ..... Day-5



Do not talk  
with food in your mouth.

Cover your  
nose and mouth  
when you sneeze.



Do not interrupt  
when others are talking.

Do not push  
when you walk in a line.



Motivation tag : .....



# Week-2 Day-1

## LEARNING SCHEDULE

<b>Prayer</b>	We shall overcome, someday, oh deep in my heart, I do believe, We shall overcome someday.
<b>Tongue twister</b>	Crush grapes, grapes crush
<b>Excersie</b>	Based on Overall Development
<b>Rhymes</b>	Book- Rhyme 4
<b>Concept</b>	Concept Book 2
<b>English</b>	Worksheet Kids English
<b>Math's</b>	Maths Made Fun B
<b>Arts</b>	Crayon Time C
<b>Hindi</b>	Worksheet Swar Gyan
<b>Concept</b>	Phonic Drill
<b>Additional Activity</b>	Based on Eight Multiple Intelligences

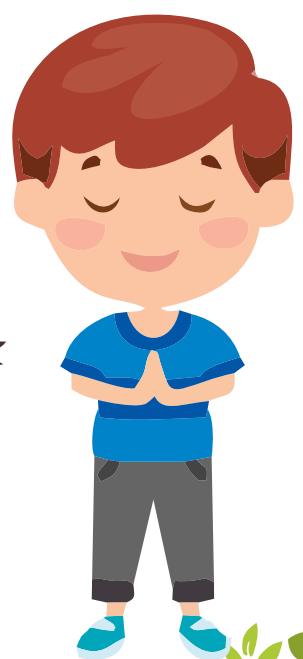


# Prayer Time

SPEECH & LANGUAGE DEVELOPMENT



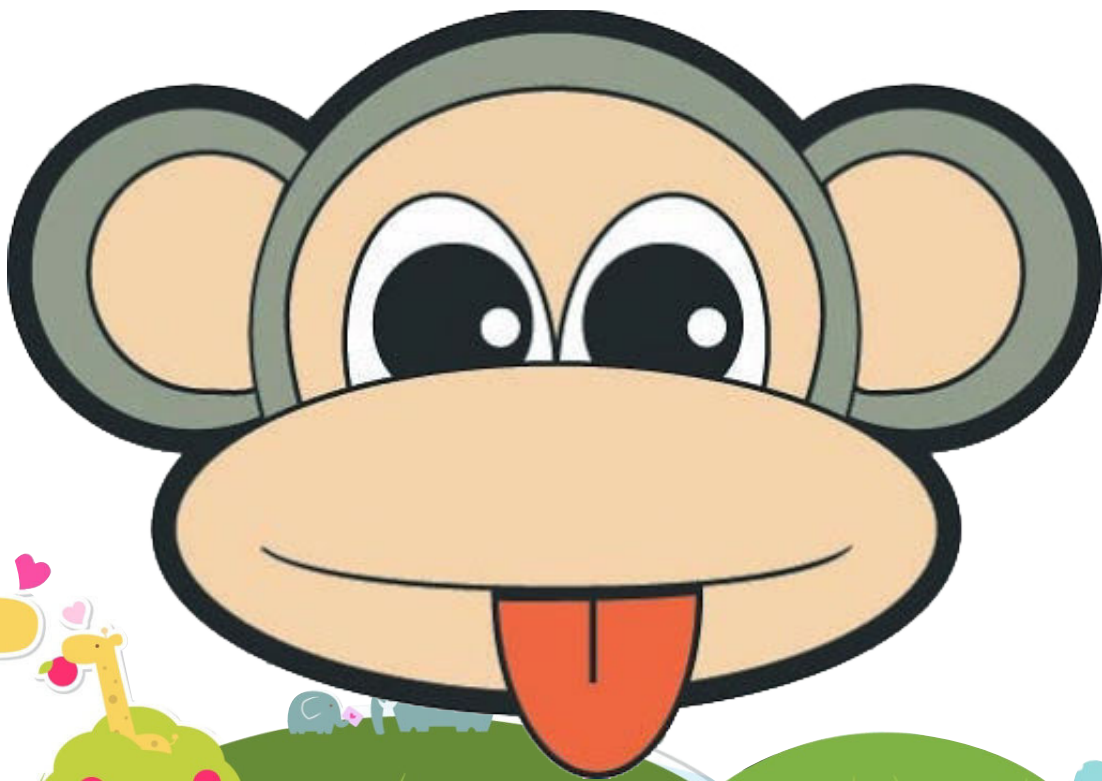
**We shall overcome,  
We shall overcome,  
We shall overcome someday,  
Oh, deep in my heart,  
I do believe,  
We shall overcome someday**



Tongue Twister Time

SPEECH DEVELOPMENT

**Fresh fried fish**  
**Fish fresh fried**  
**Fried fish fresh**  
**Fish fried fresh**



**BOOK- RHYME 1****SPEECH & LANGUAGE DEVELOPMENT**

# प्रार्थना

ईश्वर जैसा कोई न दूजा,  
हम सब करते उनकी पूजा।  
ईश्वर ने जो राह बताई,  
वही राह हमने अपनाई।  
सत्य-प्रेम से नही हटेंगे,  
ईमान से आगे बढ़ेंगे।  
ईश्वर के हैं हम सब बच्चे,  
काम करेंगे अच्छे-अच्छे।



## Gross Motors

Modified for younger kids

Extended arms to salutation

Place sole of foot on the calf or inner thigh

Lengthen through the core

Grounded leg & foot



# Week-2 Day-1

## Book Name: Concept Book Page No. 6

The parent/teacher will show the picture (the one which is given above) to the child.

- ✓ Ask the child to touch and feel his/her body.
- ✓ This is our body. You are the boss of your body.
- ✓ We should not allow anybody to touch our body except parents.
- ✓ Tell them that we all have 2 eyes, 2 ears, 1 nose, 1 mouth 2 hands and 2 legs but we all look different from each other.
- ✓ Talk about each and every body part in sequence, i.e. From head to toe.
- ✓ Tell them the function of the body parts.
- ✓ Eyes- see; nose- smell; ears- hear; mouth- speak; tongue- taste; hands- write/ hold/ eat/ colour; legs- walk/ run/ jump; teeth-chew; skin-feel.
- ✓ Tell the child these are our external organs, i.e. They are outside the body.

We all have organs in our body as well they are called internal organs like- brain, food pipe, windpipe, heart, lungs, liver, and kidneys.

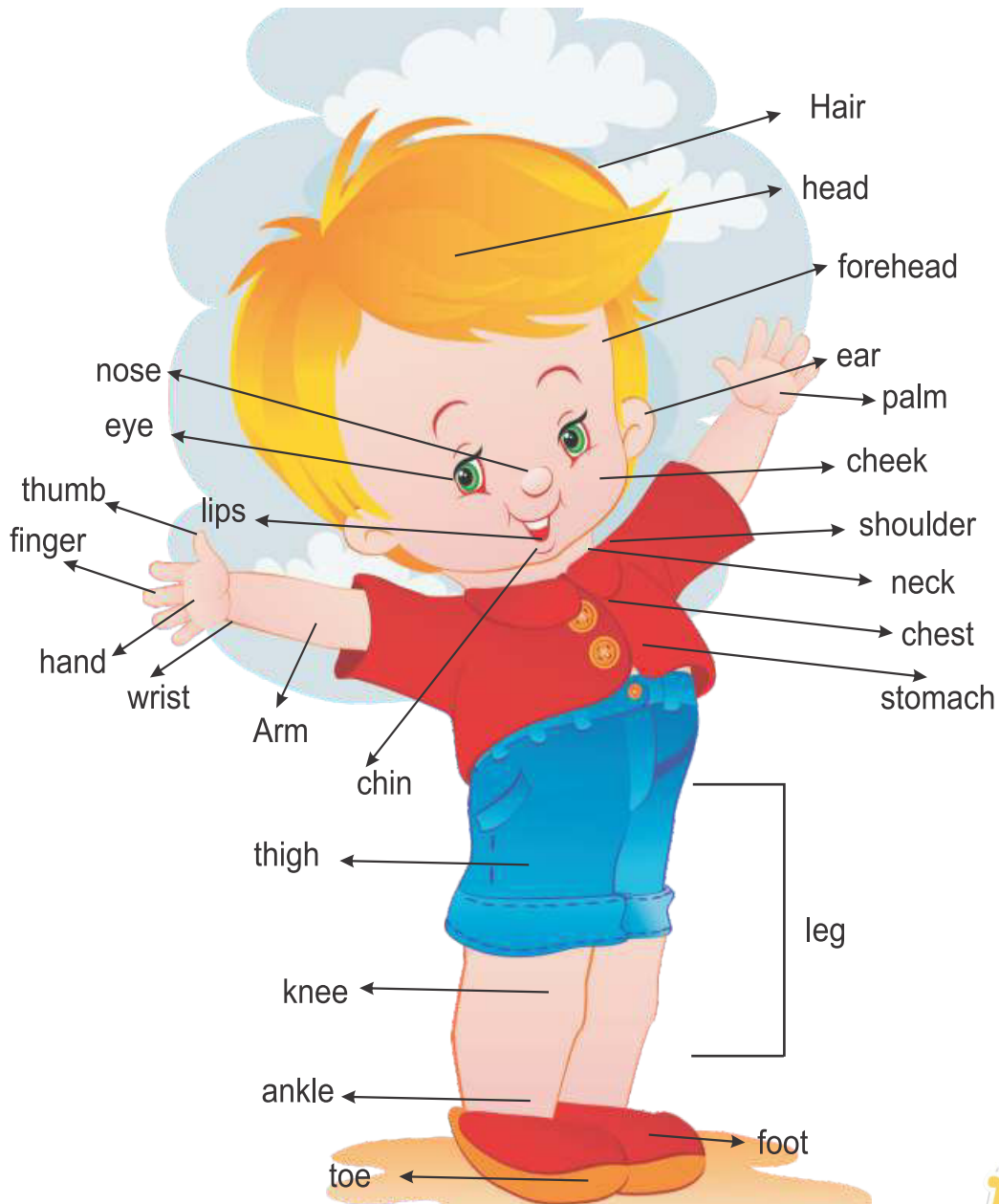
- ✓ The heart is constantly beating, let us all feel our heart beat.
- ✓ Brain tells us what to do? How to do? And why to do?
- ✓ Through food pipe our food goes into our stomach and through the windpipe air goes into our lungs.
- ✓ Lungs help us in breathing.
- ✓ Our food goes into the liver for digestion.
- ✓ Our kidneys help us to purify our blood.
- ✓ These internal organs are being protected by the bones and muscles.
- ✓ We have 206 bones in our body.
- ✓ These bones are white in colour and protect our internal organs.

(Make the child feels his/her bones)

## Book Name: Concept Book Page No. 6

### Myself

#### Parts of my body





## Book Name: Phonic Drill Page No. 1

## Activity Time

✓Take the reference from the picture shown above.

✓First teach the child how to read the words.

Tell the child now I am going to introduce you sound of EA.

Begin the activity with quick back. Ask him/her what is the sound of E and A.

Then say the words and the child will repeat after you.

✓Explain to the child Here is the word BEAK in BEAK two vowels go walking EA.

In this E is talking and A is Silent.

'ea' is pronounced in two ways :

beak

peak

weak

beat

heat

meat

neat

seat

beast

feast

least

cream

dream

scream



beak



weak



meat



dream

head

bread

dread

thread

stead

great

sweat

break

bear

pear

wear

year



head



Bread



bear



pear

['ea' is pronounced as [sɪ]

['ea' is pronounced

## Activity Sheet

Learn & write 'ea' sound words  
in your notebook



Date : **Day-6** .....

Child's Name : .....

### Sound of Vowel "EA" Words

'ea' is pronounced in two ways :

beak  
peak  
weak  
beat  
heat  
meat  
neat  
seat  
beast  
feast  
least  
cream  
dream  
scream



beak



weak



meat

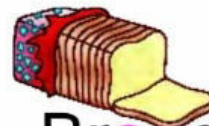


dream

head  
bread  
dread  
thread  
stead  
great  
sweat  
break  
bear  
pear  
wear  
year



head



Bread



bear



pear

'ea' is pronounced as [ea] is pronounced

Motivation tag : .....





### Activity Sheet

आ की मात्रा (आ = 1)

Child's Name : .....

Date : ..... **Day-6** .....

का खा गा घा ङ

चा छा जा झा ञ

टा ठा डा ढा ण

ता था दा धा ना

पा फा बा भा मा

या रा ला वा शा

षा सा हा क्षा त्रा

ज्ञा

Motivation tag : .....



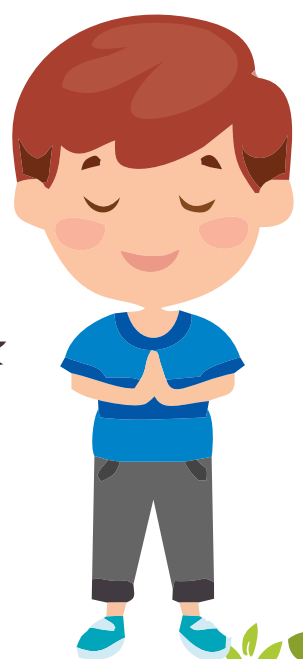


Prayer Time

MUSICAL SKILLS



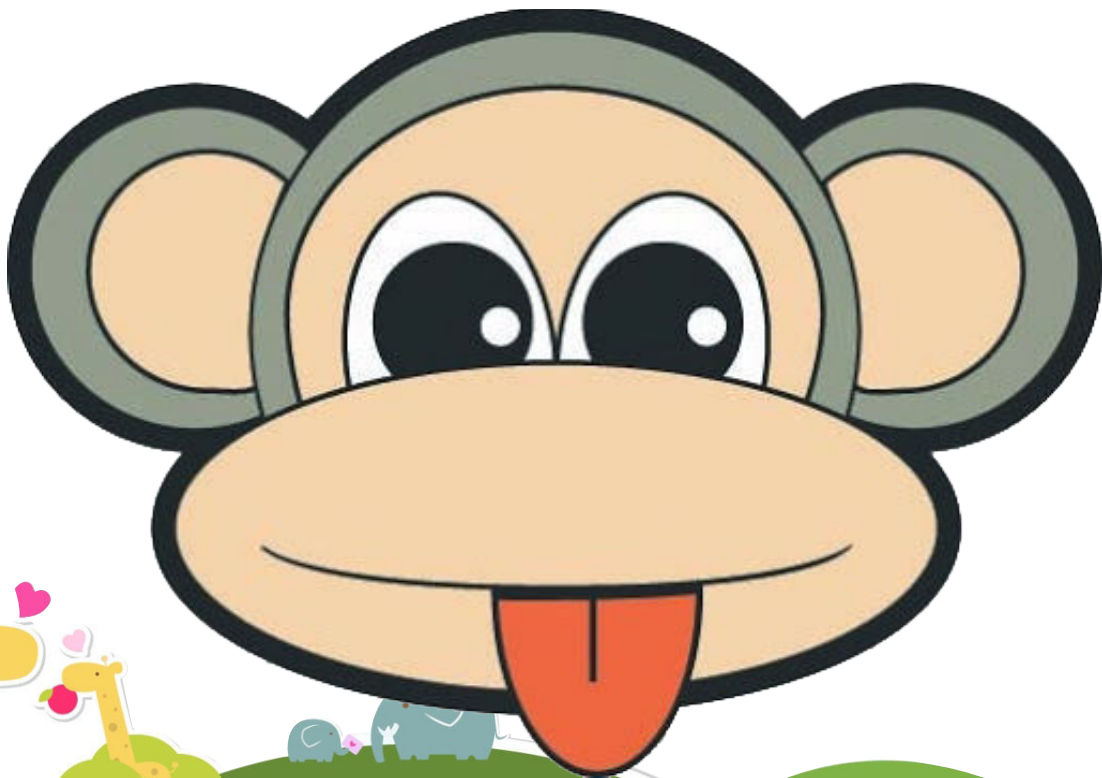
We shall overcome,  
We shall overcome,  
We shall overcome someday,  
Oh, deep in my heart,  
I do believe,  
We shall overcome someday



Tongue Twister Time

SPEECH DEVELOPMENT

**Fresh fried fish**  
**Fish fresh fried**  
**Fried fish fresh**  
**Fish fried fresh**



## BOOK- RHYME 1

## SPEECH &amp; LANGUAGE DEVELOPMENT

## प्रार्थना

ईश्वर जैसा कोई न दूजा,  
हम सब करते उनकी पूजा।  
ईश्वर ने जो राह बताई,  
वही राह हमने अपनाई।  
सत्य-प्रेम से नही हटेंगे,  
ईमान से आगे बढ़ेंगे।  
ईश्वर के हैं हम सब बच्चे,  
काम करेंगे अच्छे-अच्छे।



## Gross Motors

Modified for younger kids

Extended arms to salutation

Place sole of foot on the calf or inner thigh

Lengthen through the core

Grounded leg & foot



**Book Name: Concept Book Page No. 6**

The parent/teacher will show the picture (the one which is given above) to the child.

- ✓ Ask the child to touch and feel his/her body.
- ✓ This is our body. You are the boss of your body.
- ✓ We should not allow anybody to touch our body except parents.
- ✓ Tell them that we all have 2 eyes, 2 ears, 1 nose, 1 mouth 2 hands and 2 legs but we all look different from each other.
- ✓ Talk about each and every body part in sequence, i.e. From head to toe.
- ✓ Tell them the function of the body parts.
- ✓ Eyes- see; nose- smell; ears- hear; mouth- speak; tongue- taste; hands- write/ hold/ eat/ colour; legs- walk/ run/ jump; teeth-chew; skin-feel.
- ✓ Tell the child these are our external organs, i.e. They are outside the body.

We all have organs in our body as well they are called internal organs like- brain, food pipe, windpipe, heart, lungs, liver, and kidneys.

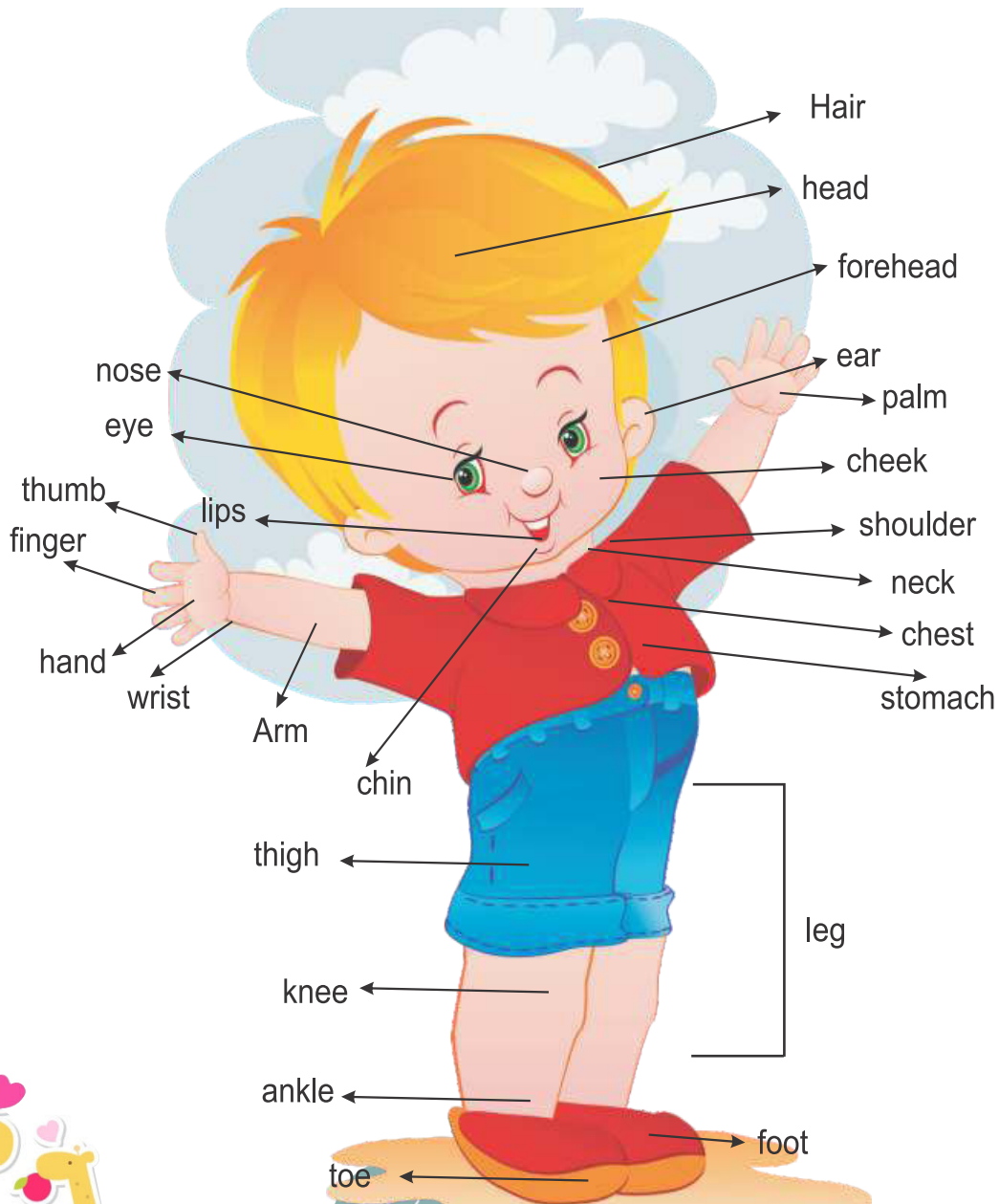
- ✓ The heart is constantly beating, let us all feel our heart beat.
  - ✓ Brain tells us what to do? How to do? And why to do?
  - ✓ Through food pipe our food goes into our stomach and through the windpipe air goes into our lungs.
  - ✓ Lungs help us in breathing.
  - ✓ Our food goes into the liver for digestion.
  - ✓ Our kidneys help us to purify our blood.
  - ✓ These internal organs are being protected by the bones and muscles.
  - ✓ We have 206 bones in our body.
  - ✓ These bones are white in colour and protect our internal organs.
- (Make the child feels his/her bones)



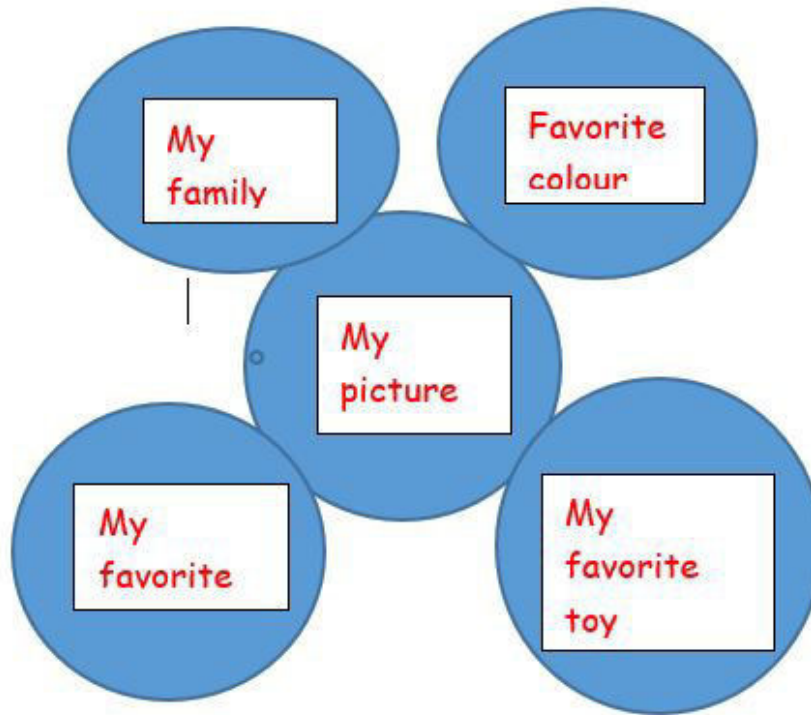
## Book Name: Concept Book Page No. 6

### Myself

#### Parts of my body



# Additional Activity



## Material required:

Pictures related the activity, paper circle cut out, glue and scrapbook.

## How to proceed:

- ✓ Ask the child about his favorite color, food, and toy.
- ✓ The child will collect the pictures from a newspaper or any book
- ✓ The parent will cut the pictures for child.
- ✓ Now the child will paste the picture in respective circle.
- ✓ Then discuss with the child about his/her favorite things.



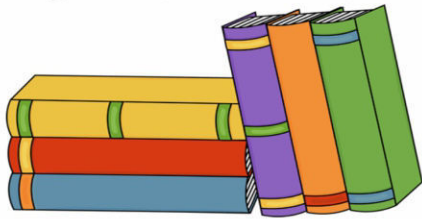


## Picture Activity

Child's Name : .....

Date : ..... **Day-7** .....

A group of objects is called a collection.



A collection of **books**.



A collection of **bells**.



A collection of **toys**.



A collection of **flowers**.

*Cross (x) the odd one which does not match with others.*



Motivation tag : .....



## Activity Sheet

Draw a line from each word to the correct part of the body



UKG

Child's Name : .....

Date : **Day-7** .....

- Hair
- head
- forehead
- ear
- palm
- cheek
- shoulder
- neck
- chest
- stomach
- leg
- foot
- toe
- ankle
- knee
- thigh
- chin
- Arm
- wrist
- hand
- finger
- thumb
- lips
- eye
- nose

Motivation tag : .....



# Activity Sheet



Child's Name : .....

Date : ..... **Day-7** .....

## 1. Colour the odd one red.

leak

beak

cream

bear

heat

meat

pear

wear

year

peak

seat

head

Motivation tag : .....



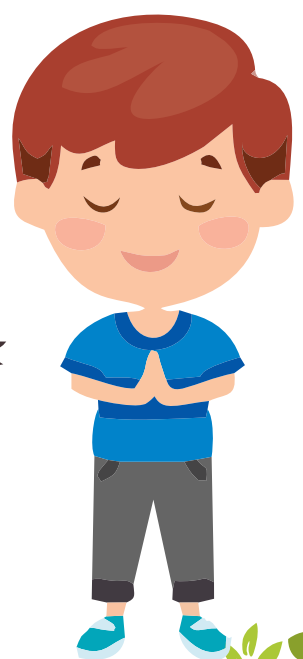


**Prayer Time**

**MUSICAL SKILLS**



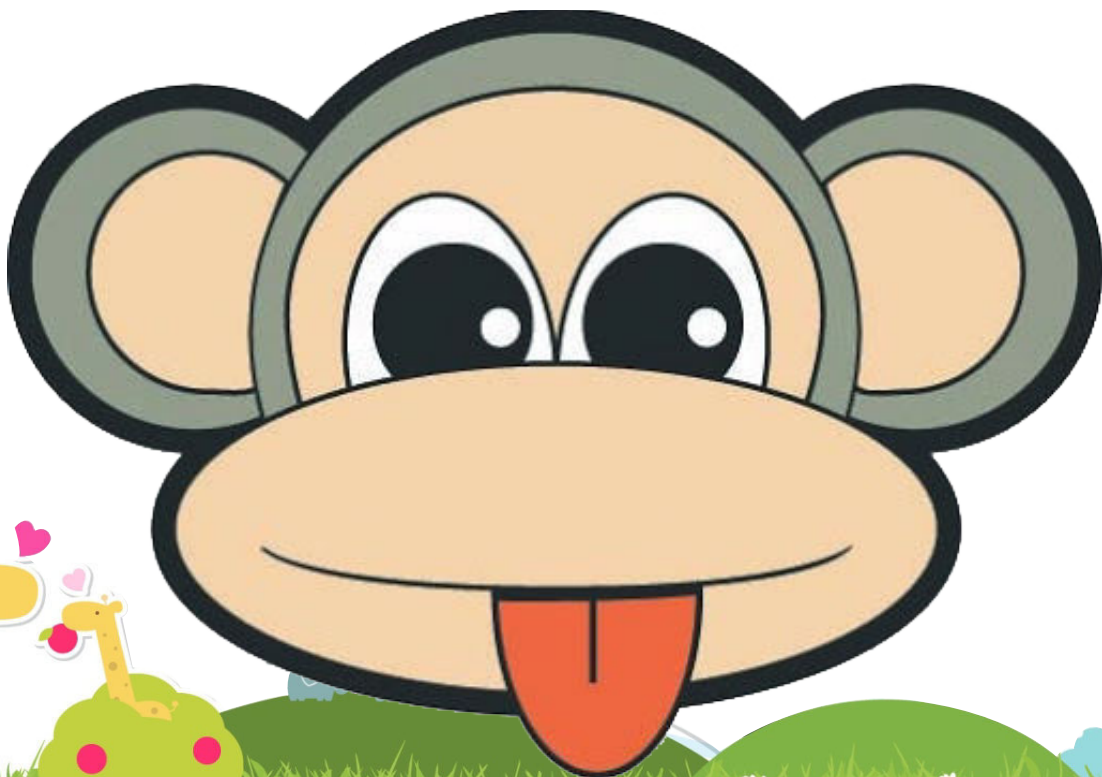
**We shall overcome,  
We shall overcome,  
We shall overcome someday,  
Oh, deep in my heart,  
I do believe,  
We shall overcome someday**



Tongue Twister Time

SPEECH DEVELOPMENT

**Fresh fried fish**  
**Fish fresh fried**  
**Fried fish fresh**  
**Fish fried fresh**



## BOOK- RHYME 1

## SPEECH &amp; LANGUAGE DEVELOPMENT

## प्रार्थना

ईश्वर जैसा कोई न दूजा,  
हम सब करते उनकी पूजा।  
ईश्वर ने जो राह बताई,  
वही राह हमने अपनाई।  
सत्य-प्रेम से नही हटेंगे,  
ईमान से आगे बढ़ेंगे।  
ईश्वर के हैं हम सब बच्चे,  
काम करेंगे अच्छे-अच्छे।





# Week-2 Day-3

## Gross Motors

Modified for younger kids



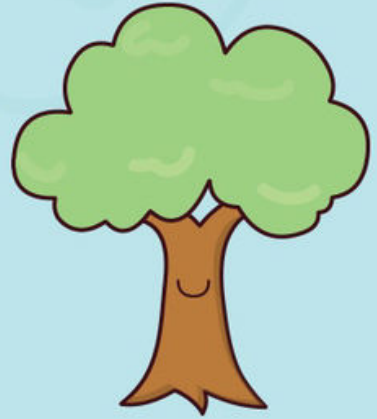
Extended arms to salutation



Place sole of foot on the calf or inner thigh

Lengthen through the core

Grounded leg & foot



# Week-2 Day-3

## Book Name: Concept Book 2 Page.No-12

The parent will show the picture to the child from the book.

Tell the child these are community helpers.

### Who are they:

Community Helpers are the people who help us and make our life easy and simple?

They live in our community and give their services. They serve us and mend all our troubles.

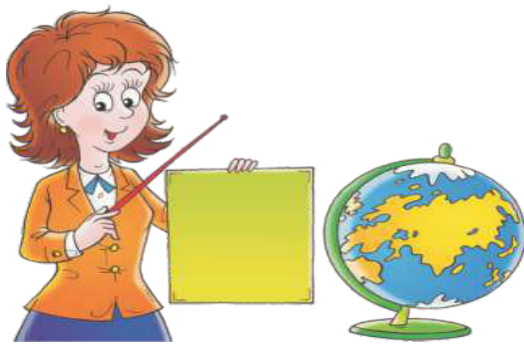
Community Helpers wear a special uniform and carry their set of creatures.

They sit in their place of work and help us.

## Community helpers

Name the people who help us.

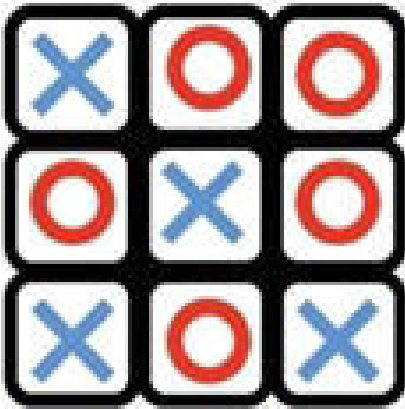
Write the initial sound of the word.



# Week-2 Day-3

## The sound of "EA"(Revision) Zip Zap Zoom

**Sound of A E**

beak	heat	week	<b>ZIP-ZAP-ZOOM</b> 	keep	neat	seat
seek	peek	beat		seem	sweat	teem
weak	reek	peak		beast	neem	peep
bear	beep	wear		beet	three	cream
pear	weep	deep		meet	scream	tree
meat	break	jeep		dream	feet	free

**Material required: Sheet & pen.**

**How to do:**

- ✓ Begin the conversation with child with EA words.
- ✓ Tell the child, let's play game zip zap zoom.
- ✓ In that respect are some formulae for this game.
- ✓ I am beginning to draw boxes (draw the boxes on the sheet)
- ✓ Now you write the words connected to EA sound.

Tell the child if you follow in placing three EA word marks, in a horizontal, vertical or diagonal row win the game



## Book Name: Worksheet Swar Gyan Page No. 6

### आ की मात्रा

आ की रेल आई है . साथ में आम को लाई है.  
आम खाकर आकाशा अचार लेकर आ या माला और आकाश ने ममलकर गाना गया

### मात्रा का खेल

आ की मात्रा का खेल ननराला मे से बन जाती है माला अ को आम बना देती है  
र को बना देती राजा आओ सीखे आ का खेल

अ + T = आमर + T = राजा

<p>आ (T)</p> <p>की मात्रा</p>	 <p>अ T म आम</p>	 <p>अ T ग आग</p>
 <p>ख T ट खाट</p>	 <p>ह T थ हाथ</p>	 <p>क T र कार</p>
 <p>छ T त T छाता</p>	 <p>त T र T तारा</p>	 <p>द T न T दाना</p>
 <p>ब T ज T बाजा</p>	 <p>त T ल T ताला</p>	 <p>न T ल T नाला</p>
 <p>म T ल T माला</p>	 <p>म क T न मकान</p>	 <p>क प ड़ T कपड़ा</p>



## Activity Sheet

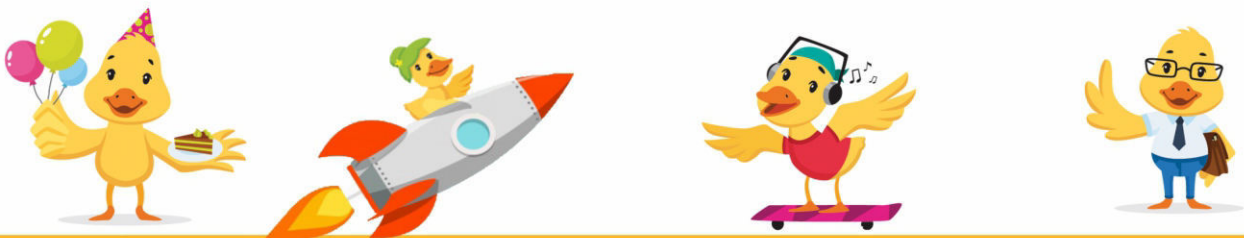
### Community helpers

Child's Name : .....

Date : ..... Day-8

Name the people who help us.  
Write the initial sound of the word.


Motivation tag : .....



## Activity Sheet

Re-arrange the letters to form the correct word.



Child's Name : .....

Date : .....

**add**

**nav**

**jma**

Blank handwriting lines for the word 'add'.

Blank handwriting lines for the word 'nav'.

Blank handwriting lines for the word 'jma'.

**acp**

**tha**

**mta**

Blank handwriting lines for the word 'acp'.

Blank handwriting lines for the word 'tha'.

Blank handwriting lines for the word 'mta'.

Motivation tag : .....





## Activity Sheet

### आ की मात्रा (आ = ा)

Child's Name : .....

Date : **Day-8** .....

 <p>अ ा म आम</p>	 <p>अ ा ग आग</p>	
 <p>ख ा ट खाट</p>	 <p>ह ा थ हाथ</p>	 <p>क ा र कार</p>
 <p>छ ा त ा छाता</p>	 <p>त ा र ा तारा</p>	 <p>द ा न ा दाना</p>
 <p>ब ा ज ा बाजा</p>	 <p>त ा ल ा ताला</p>	 <p>न ा ल ा नाला</p>
 <p>म ा ल ा माला</p>	 <p>म क ा न मकान</p>	 <p>क प ड ा कपड़ा</p>

6

Motivation tag : .....



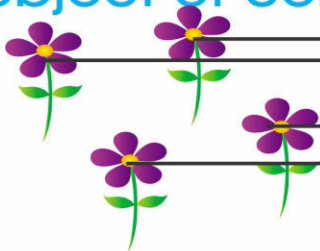
## Activity Sheet



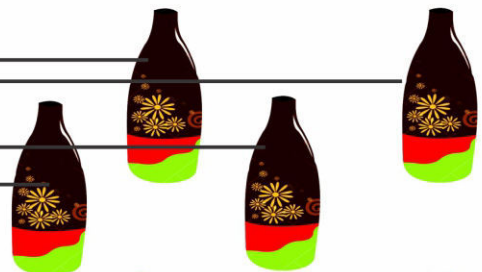
Child's Name : .....

Date : ..... Day-8

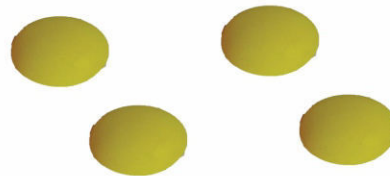
Match each object of collection (A) with one object of collection (B).



Collection (A)



Collection (B)



Motivation tag : .....





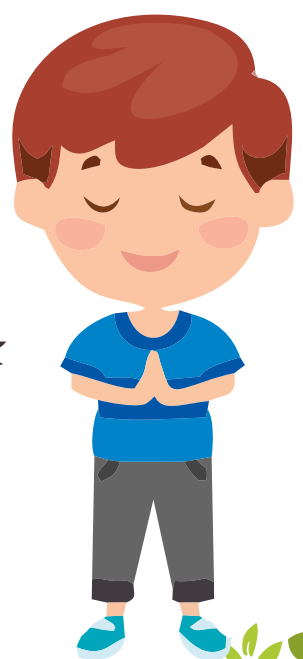


# Prayer Time

## MUSICAL SKILLS



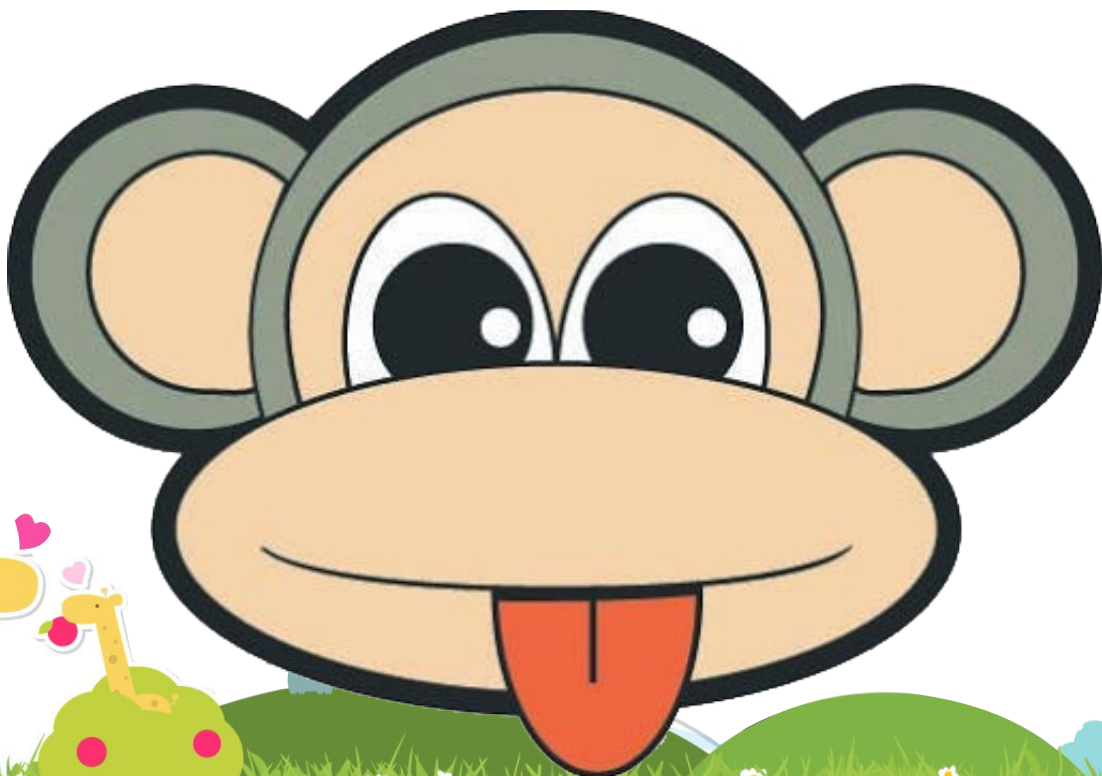
**We shall overcome,  
We shall overcome,  
We shall overcome someday,  
Oh, deep in my heart,  
I do believe,  
We shall overcome someday**



Tongue Twister Time

SPEECH DEVELOPMENT

**Fresh fried fish**  
**Fish fresh fried**  
**Fried fish fresh**  
**Fish fried fresh**



# Week-2 Day-4

## BOOK- RHYME 1

### SPEECH & LANGUAGE DEVELOPMENT

#### GOOD MANNERS

Manners are such lovely things,  
It's really fun to say,  
"Sorry" "Please" and "thank you"  
In such a nice way!  
"Thank you so much" mummy,"  
"Daddy, please sing it loud?"  
These are little magic words,  
That make my parents proud.



# Week-2 Day-4

## Gross Motors

Modified for younger kids



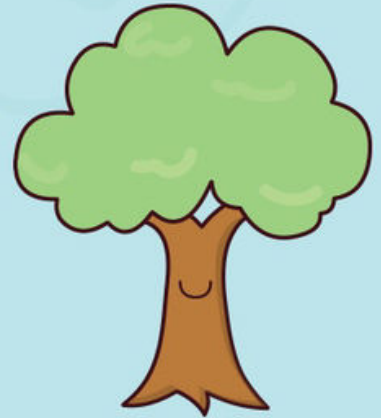
Extended arms to salutation



Place sole of foot on the calf or inner thigh

Lengthen through the core

Grounded leg & foot



# Week-2 Day-4

Book Name: Concept Book 2 Page.No-12

## Doctor:

The parent will show the picture to the child from the book.

Tell the child these are community helpers. Today we will meet with Doctor.

### Doctor:

This is a doctor. He/she sits in the hospital or clinic.

He/she treats you when you are sick. This is his/her medical box,

He/she carry his/her medical box wherever he/she go to

visit a patient. In his/her medical box there is stethoscope,

injections, medicines, bandages, thermometer, and medicines.

## Community helpers

Name the people who help us.

Write the initial sound of the word.



# Week-2 Day-4

**Book Name: Math Made Fun B**  
**Page.No-10**

Start the activity by showing the picture to the child from the book.  
Tell the child in this world, everything has a particular name.  
Similarly, numbers have their names.

If we want to write the number 1 in words, how we will write it.

**O N E = One**

Now repeat after me number names

**T W O = Two, T H R E E = Three, F O U R = Four, F I V E = Five**

## COUNTING 1-10

Count the objects. Read and write their numbers name.



**1**

**ONE**



**2**

**TWO**



**3**

**THREE**



**4**

**FOUR**



**5**

**FIVE**



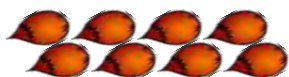
**6**

**SIX**



**7**

**SEVEN**



**8**

**EIGHT**



**9**

**NINE**



**10**

**TEN**

## Book Name: Phonic Drill Page No. 1

### Walking & Talking (Sound of "EA") (Revision Activity)

Has two vowels, what's the rule  
The first one does the talking  
The second does the walking  
What's the word? The word is d-r-e-a-m

Has two vowels, what's the rule  
The first one does the talking  
The second does the walking  
What's the word? The word is S-e-a-t

Has two vowels, what's the rule  
The first one does the talking  
The second does the walking  
What's the word? The word is B-e-a-r

Has two vowels, what's the rule  
The first one does the talking  
The second does the walking  
What's the word? The word is B-e-a-d

# Book Name: Phonic Drill Page No. 1

## Walking & Talking (Sound of "EA") (Revision Activity)

'ea' is pronounced in two ways :

beak



beak

peak

weak

beat

heat

meat

neat

seat

beast

feast

least

cream

dream

scream



weak



meat



dream

head



head

bread

dread

thread

stead

great

sweat

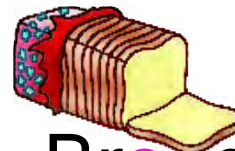
break

bear

pear

wear

year



Bread



bear



pear

[ 'ea' is pronounced as ई ]

The kid will do the revision of EA word through these interactive pictures which are given above.

First, take up with the sound, tell the child, let's plays walking and talking vowel game.

Brief the pictures one by one and clear the concept to the child.



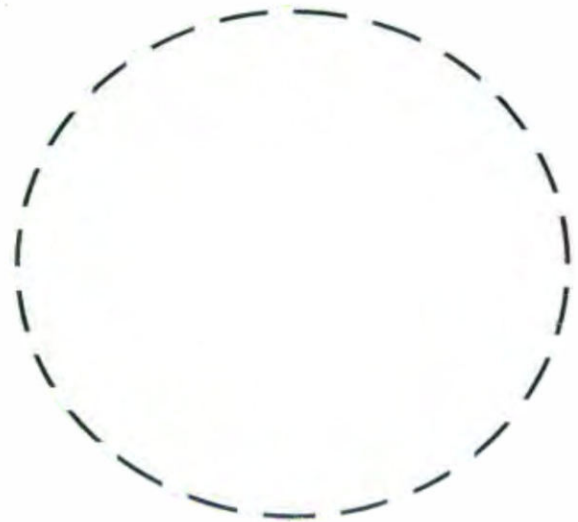
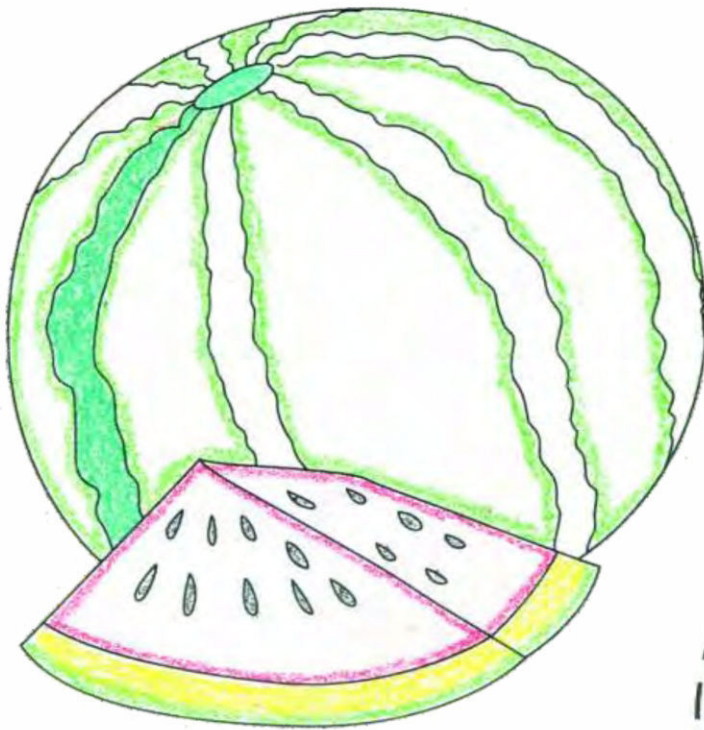
## Activity Sheet

Watermelon is round. It has red colour.  
It is juicy. Let's fill colours in it.



Date : **Day-9** .....

Child's Name : .....



Motivation tag : .....





## Activity Sheet

Learn and write 'ea' sound words in your notebook

Child's Name : .....

Date : **Day-9** .....

### Sound of Vowel "EA" Words

'ea' is pronounced in two ways :

beak  
peak  
weak  
beat  
heat  
meat  
neat  
seat  
beast  
feast  
least  
cream  
dream  
scream



beak



weak



meat



dream

head  
bread  
dread  
thread  
stead  
great  
sweat  
break  
bear  
pear  
wear  
year



head



Bread



bear



pear

pronounced

['ea' is pronounced as

Motivation tag : .....





**Prayer Time**

**Musical Skills**



**We shall overcome,  
We shall overcome,  
We shall overcome someday,  
Oh, deep in my heart,  
I do believe,  
We shall overcome someday**



Tongue Twister Time

SPEECH DEVELOPMENT

**Fresh fried fish**  
**Fish fresh fried**  
**Fried fish fresh**  
**Fish fried fresh**



## BOOK- RHYME 1

### SPEECH & LANGUAGE DEVELOPMENT

#### GOOD MANNERS

Manners are such lovely things,  
It's really fun to say,  
"Sorry" "Please" and "thank you"  
In such a nice way!  
"Thank you so much" mummy,"  
"Daddy, please sing it loud?"  
These are little magic words,  
That make my parents proud.



# Week-2 Day-5

## Gross Motors

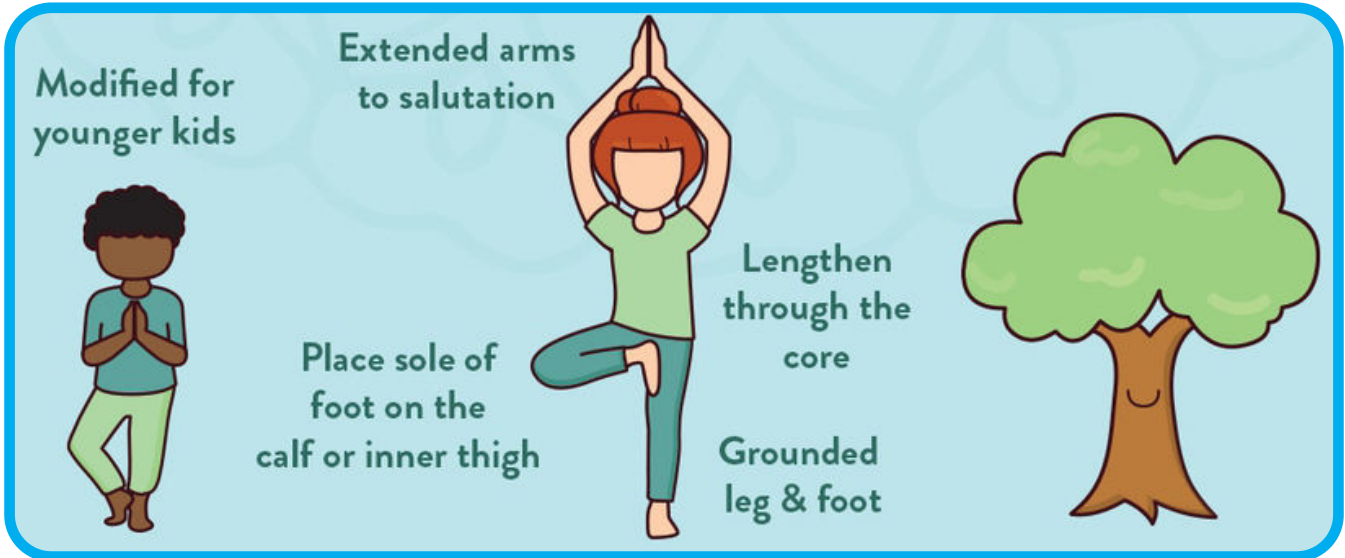
Modified for younger kids

Extended arms to salutation

Place sole of foot on the calf or inner thigh

Lengthen through the core

Grounded leg & foot

A light blue rounded rectangle containing instructional text and illustrations. On the left, a small illustration of a boy in a prayer pose. In the center, a girl in a tree pose (Vrikshasana) with her arms raised in a prayer position. To the right, a simple illustration of a green tree with a brown trunk.

# Week-2 Day-5

## Book Name: Concept Book 2 Page.No-12

**Begin the conversation with recapulation on previous helpers.**

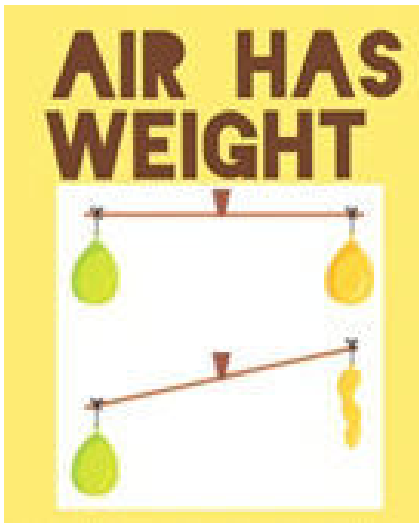
- ✓The parent will show the picture to the child from the book.
  - ✓Tell the child these are community helpers.
  - ✓Today we will meet with the teacher.
  - ✓Ask the child who teaches you in the school?
  - ✓How do you know about letters, numbers and other concepts?
  - ✓Give the child time to respond. Yes, teacher.
  - ✓Instructors are the builders of our lifetime.
  - ✓Teachers are second parents.
  - ✓Teachers help us to read and write.
  - ✓Teachers understand you and love you.
- Teachers are those who grant us knowledge

### Community helpers

**Name the people who help us.  
Write the initial sound of the word.**



# STEM ACTIVITY WITH KUKU



## Material Required-

Balloons, string, scotch tape, ruler (stick or clothes hanger may also be used, needle or sharp pin.

## Nurturing Strategies-

Introduce the activity to the child. Tell the child that we will do the STEM activity. We will see that whether Air has weight or not.

Teacher- These are 2 balloons. Now I will inflate these balloons in the air and tie a string on them. Next, I will hang these balloons on a ruler or on a clothes hanger. Let us observe. Can you tell me the observation?

Child- They both are hanging at the same level and the ruler is stable.

Teacher- Now, I will take a needle and pierce 1 balloon so that air leaks out. Now let us observe.

Child- The balloon is deflate and there is no air.

Teacher- Yes, when there is no air the balloon becomes lighter and the ruler bends towards the inflated balloon because it has air in it and it is heavy.



Book Name: Worksheet Swar Gyan | Page No. 8

## आ की मा=ा का दोहरा खेल (पुनरावर्ती)



बच्चों को गुथा हुआ आटा उपलब्ध करवाए.

ऊपर दिए गए चि= की सहायता से बच्चों को पाठ पढ़वाए

अब बच्चों के साथ वाद्य पढ़ें अब बच्चों को आटा दे

बच्चा हर शब्द को आटे से बनाएगा फिर पूरा वाद्य जोड़ कर पढ़ेंगे

र	धा	का	चा	चा	आ	या
---	----	----	----	----	---	----

अब बच्चों से पढ़वाएंगे

/यान रहे की बच्चा शब्द पढ़ने। {स हs

बच्चों को आ की मा=ा से शब्दों से वाद्य बनाना सिखाये.

यदि बच्चों को पढ़ने में कोई बाधा है तो उसकी मदद करे.



Book Name: Worksheet Swar Gyan | Page No. 8

## 'आ' स्वर से बने वाक्य

राधा का चाचा आया ।

चाचा गाजर लाया ।

राधा गाजर खा ।

अब दाल चावल खा ।



किसका चाचा आया ?

राधा का चाचा क्या लाया ?

राधा ने दाल के साथ क्या खाया ?

पाठ के आधार पर रिक्त स्थानों की पूर्ति करो:

1. \_\_\_\_\_ का चाचा आया ।

2. राधा \_\_\_\_\_ खा ।

3. अब दाल \_\_\_\_\_ खा ।

4. चाचा \_\_\_\_\_ लाया ।

# Week-2 Day-5

## (Sound of "EA") – Story of EA words (REVISION) (Additional Activity)

First parent will read the story which is given above.  
Then the child will try to read the story with parent help.

The child will highlight the word related to EA.

Then the child will write the highlighted words in his/her notebook.

Now ask the questions to the child, as given in the story and write in the notebook.

### Story of "EA" sound

ea



Dray was sick and would not eat. I got him a peach and he did not eat. I made him some wheat and he did not eat. I gave him a bit of tea to sip. sip. sip. Dray sipped the tea. Can I please have more tea? said Dray. I was glad that Dray liked the tea I got him more tea with a bit of cream. I got him a plate of meat and cheese to eat. I was glad he liked the tea. meat and cheese. I was glad that Dray started to eat.

Who was sick?

Who sipped the tea?

Who wanted more tea?

Who liked the tea?

Who started to eat?

## Word Smart Kuku



Self-Motivator

Sound of "EA" word

Additional Activity

Date : ..... Day-10

ea



Dry was sick and would not eat. I got him a peach and he did not eat. I made im some wheat and he did not eat. I gave him a bit of tea to sip. sip. sip Dray sipped the tea. Can I please have more tea? said Dray. I was glad that Dray liked the tea I got him more tea with a bit of cream. I got him a plate of meat and cheese to eat, I was glad he liked the tea. meat and cheese. I was glad that Dray started to eat.

Who was sick?

Who sipped the tea?

Who wanted more tea?

Who liked the tea?

Who started to eat?



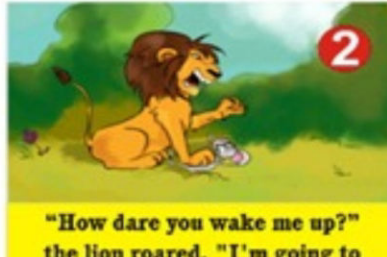
## Picture reading story

### Day-10



1

A long, long time ago a little mouse was playing and messing around. He was making a lot of noise and all of a sudden he woke up the lion, the king of the animals.



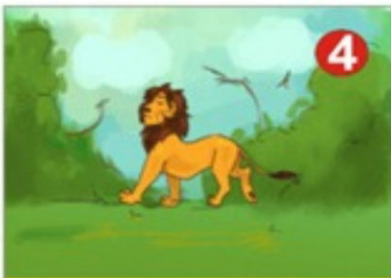
2

"How dare you wake me up?" the lion roared, "I'm going to eat you all up!" little mouse couldn't move. "Please, forgive me, oh, King of the animals! I was just playing! If you let me go now, maybe I can help you one day!" the mouse squeaked.



3

This made the lion roar with laughter. "You? Help me? Ha haha. You are so small, how could you help me?!"



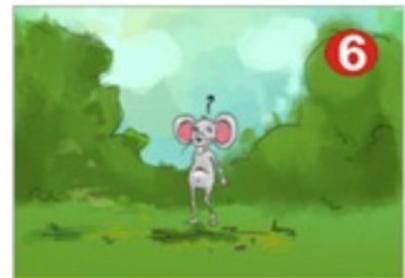
4

A few months later the lion was prowling around, taking care of his majestic duties, when he got caught in a trap.



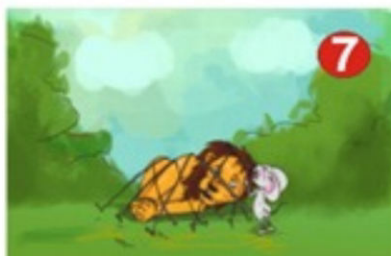
5

He struggled to get free, but the more he tried to free himself, the more he got tangled in the net.



6

Luckily, the same little mouse was passing by and saw what had happened. The king of the animals was in trouble!



7

Happy to finally be able to help the lion, the mouse rushed to his aid and started gnawing through the ropes.



8

"I didn't believe you would be able to help me, but I was wrong," said the lion, when he was set free by the little mouse. From that day on, the lion and the mouse became good friends.

# Week-3 Day-1

## LEARNING SCHEDULE

<b>Prayer</b>	We shall overcome, someday, oh deep in my heart, I do believe, We shall overcome someday.
<b>Tongue twister</b>	Crush grapes, grapes crush
<b>Excersie</b>	Based on Overall Development
<b>Rhymes</b>	Book- Rhyme 4
<b>Concept</b>	Concept Book 2
<b>English</b>	Worksheet Kids English
<b>Math's</b>	Maths Made Fun B
<b>Arts</b>	Crayon Time C
<b>Hindi</b>	Worksheet Swar Gyan
<b>Concept</b>	Phonic Drill
<b>Additional Activity</b>	Based on Eight Multiple Intelligences

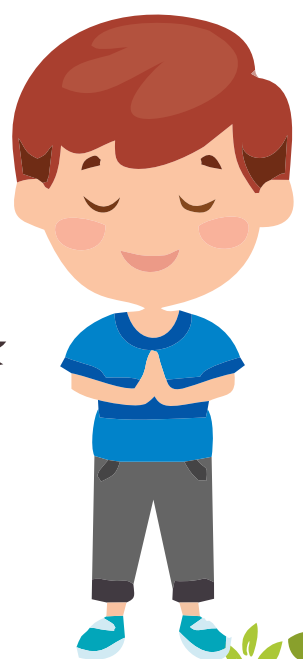


Prayer Time

Musical Skills



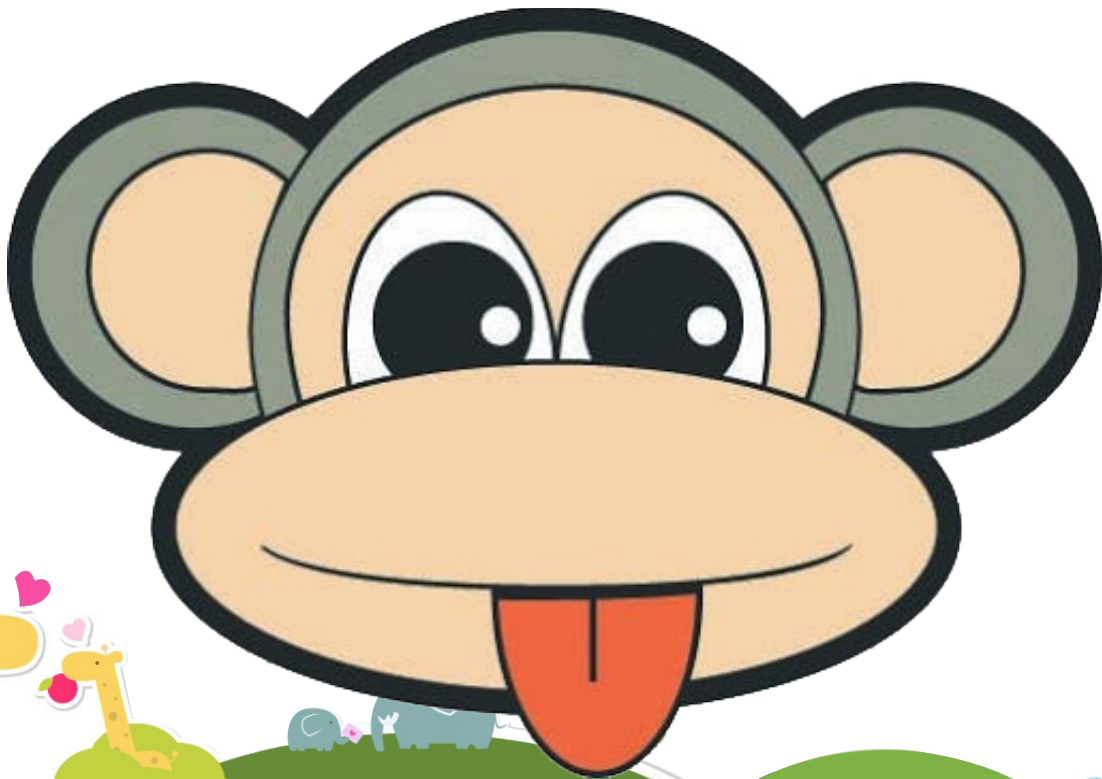
We shall overcome,  
We shall overcome,  
We shall overcome someday,  
Oh, deep in my heart,  
I do believe,  
We shall overcome someday



Tongue Twister Time

SPEECH DEVELOPMENT

**Fresh fried fish**  
**Fish fresh fried**  
**Fried fish fresh**  
**Fish fried fresh**





# Week-3 Day-1

## BOOK- RHYME 1

### SPEECH & LANGUAGE DEVELOPMENT

#### GOOD MANNERS

Manners are such lovely things,  
It's really fun to say,  
"Sorry" "Please" and "thank you"  
In such a nice way!  
"Thank you so much" mummy,"  
"Daddy, please sing it loud?"  
These are little magic words,  
That make my parents proud.



## Gross Motors

Modified for younger kids

Extended arms to salutation

Place sole of foot on the calf or inner thigh

Lengthen through the core

Grounded leg & foot

A diagram illustrating the tree pose (Vrikshasana) for younger children. On the left, a small child is shown in a prayer position. In the center, a girl is shown in the tree pose with her right foot on her left calf and arms raised in a prayer position. To the right is a simple illustration of a tree with a brown trunk and green foliage.

## Community Helpers

### Postman-

Begin the activity with previous recap.

Show the picture to the child from the book.

**Parent/Teacher:** Ask the child can you identify the postman in the image.

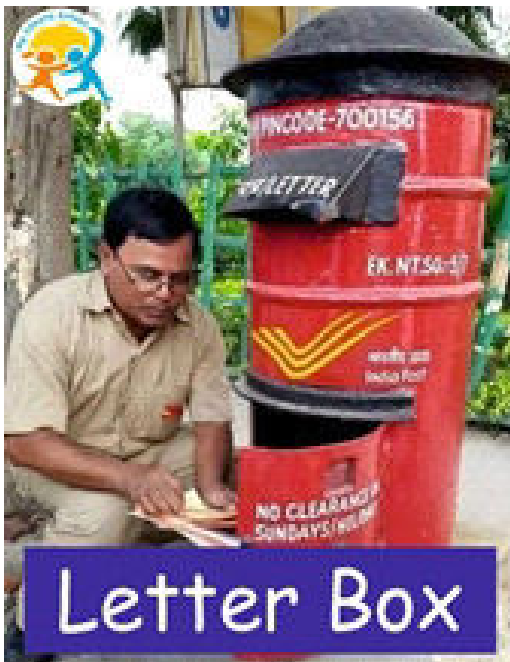
Wait for his/her reply.

**Child:** Yes, this is a postman. But I want to know more about the postman.

**Parent/Teacher:** Ok, I tell you all that.

The postman brings letters. When we write a letter to the person who is not close to you. After writing letters you keep it in an envelope, write addresses on it and paste the stamps. If you will not write the address and paste the stamp the letter will not arrive at.

Then post your letter in the mail box. After mailing the letters.



Postman collect all the letters, keep it in the bag and take it to the postmaster in the post office.

The postmaster sits in the post office. He stamps all the letters and sort them as per the area. Once they are sorted, He picks up the letters and deliver them to our home.

**Child:** Now I know all things about the postman.

# Numbers Name—1 to 5



**Parent/Teacher:**

Today we will do number names activity in an interesting manner.

**Child:** How?

**Parent/Teacher:** You have to draw five pots in the notebook.

**Child:** I have done it.

**Parent/Teacher:** Now draw flower petals according the number e.g. for number 1 draw one petal, number 2 two petals continue the activity till number 5. Now write the number names in front of correct number.

(Take the reference from the picture which is given above)



# Week-3 Day-1

## Book Name: Phonic Drill Page.No-1

Start the activity with revision.

First child will read the words from the book.

Then re-arrange the words and write it in English notebook.

Make sure concept should be clear to the child

'ea' is pronounced in two ways :

beak

peak

weak

beat

heat

meat

neat

seat

beast

feast

least

cream

dream

scream



beak



weak



meat



dream

head

bread

dread

thread

stead

great

sweat

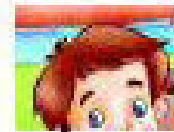
break

bear

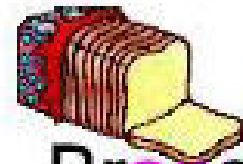
pear

wear

year



head



Bread



bear



pear

['ea' is pronounced as  pronounced

## Activity Sheet

Match the numbers with their  
correct names



Self-Motivator

Child's Name : .....

Date : ..... **Day-11** .....

**5** .

. **Two**

**1** .

. **Five**

**3** .

. **One**

**2** .

. **Four**

**4** .

. **Three**

Motivation tag : .....



## Activity Sheet

Join the number complete the picture & colour it



Self-Motivator

Child's Name : .....

Date : **Day-11** .....



Motivation tag : .....





Prayer Time

Musical Skills



We shall overcome,  
We shall overcome,  
We shall overcome someday,  
Oh, deep in my heart,  
I do believe,  
We shall overcome someday

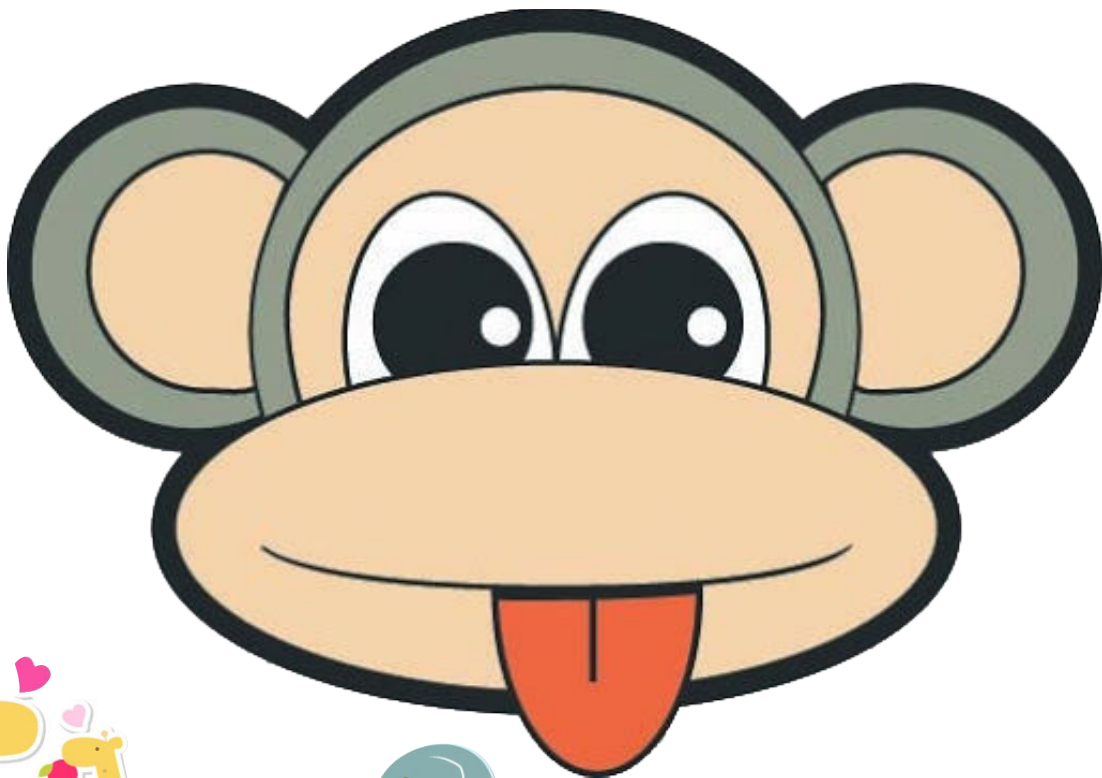




Tongue Twister Time

SPEECH DEVELOPMENT

**CRUSH GRAPES,  
GRAPES CRUSH,  
CRUSH GRAPES,**



## BOOK- RHYME 1

### SPEECH & LANGUAGE DEVELOPMENT

#### GOOD MANNERS

Manners are such lovely things,  
It's really fun to say,  
"Sorry" "Please" and "thank you"  
In such a nice way!  
"Thank you so much" mummy,"  
"Daddy, please sing it loud?"  
These are little magic words,  
That make my parents proud.



## Gross Motors

Modified for younger kids

Extended arms to salutation

Place sole of foot on the calf or inner thigh

Lengthen through the core

Grounded leg & foot

An illustration within a blue rounded rectangle. On the left, a child with dark skin and curly hair stands in a prayer pose (Anjali Mudra) with hands together. In the center, a child with light skin and brown hair stands in a tree pose (Vrikshasana) with arms raised and hands in prayer. To the right is a simple drawing of a tree with a brown trunk and green foliage.

# Week-3 Day-2

**Book Name: Concept Book 2 Page.No-12**

**Start the activity by showing the picture.**

**This is a police man. He catches the thieves and the robbers. He has a pistol, whistle and handcuffs to catch the thieves. During the Corona days. He works like a warrior.**

## Community helpers

**Name the people who help us.  
Write the initial sound of the word.**



Book Name: Worksheet Swar Gyan Page.No-7

## आ की मात्रा से बनते शब्द

बच्चे को ऊपर पुस्तक के पृष्ठ से चि= दिखाते हुए पाठ का अध्ययन करवाए। बच्चे को यह भी समझाए की आ की मात्रा से शब्द और वाक्य कैसे बनते हैं। अब बच्चे को चि= दिखाते हुए शब्द अभ्यास पुस्तिका में लिखने के लिए बोलें।

		
अ न   र अनार	बा   द ल बादल	गा   ज र गाजर
		
ज ह   ज जहाज	चा   व ल चावल	ल ड   का लड़का
		
अ ख ब   र अखबार	त ल व   र तलवार	अ   स म   न आसमान
		
डा   क खा   ना डाकखाना	ट म   ट र टमाटर	भ ग व   न भगवान
कान काम नाम	शाम राम बाड़ा	माया काटा गाता

# Week-3 Day-2

## Book Name: Phonic Drill Page.No-3

### The sound of Vowel "EE" words

- ✓ Show the picture to the child from the book.
- ✓ Read the both words (e, ee) sounds and child will repeat after you.
- ✓ Tell the child when we say bee, fee. See we give stress on our mouth lightly.
- ✓ Also, when we say peek reek we read it with long stress.
- ✓ Now the child will write ee words in a notebook.

bee

fee

see

wee

three

free

tree

beet

feet

meet

neem

seem

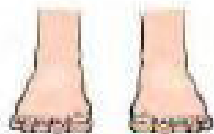
teem



bee



tree



feet



neem

peek

reek

seek

week

meek

beep

deep

jeep

keep

peep

weep

sheep

sweep



jeep



peep



sheep

['ee' is pronounced

## Book Name: Math Made Fun B Page No. 10

The first child will count the objects. Then match the number with the object.

Spell the number name with the assistance of a parent.

Now write the number names in her/his notebook.

**S+I+X=SIX**

**S+E+V+E+N=SEVEN**

**E+I+G+H+T=EIGHT**

**N+I+N+E=NINE**

**T+E+N=TEN**

### COUNTING 1-10

Count the objects. Read and write their numbers name.



1

ONE



2

TWO



3

THREE



4

FOUR



5

FIVE



6

SIX



7

SEVEN



8

EIGHT



9

NINE



10

TEN

## Meet with Greet

Tell the child that polite words like please, thank you, and excuse me make other people feel appreciated and respected.

You can show kindness and respect for other people's feelings by speaking politely to them. Ask the students to tell what they already know about using polite words. Be sure the following points are discussed:

Always say "thank you" when someone gives you a gift or a compliment.

Say "thank you" when someone does something for you.

Say "please" when you are asking someone to give you something or to do something for you.

Do not say "please" over and over again as a way to beg for something you want- that is not a polite thing to do at all.

Say "excuse me" when your body makes an embarrassing noise such as a burp, hiccup, sneeze.

When you must interrupt someone or ask them to move, say "Excuse me, please".

When starting a conversation, it is polite to first ask, "How are you?"

If you see that someone fell or may have hurt himself, you should ask if he is okay

Never be afraid to say "I'm sorry", when you make a mistake or hurt someone.

Point out that having good manners requires thinking about other people, instead of just thinking about yourself. Other people will feel comfortable and happy to be around you when you are polite and treat them with respect.





# Week-3 Day-2

## Meet with Greet

**Now discuss with the child what she/he will respond in these situations given below.**

- 1. Your Grandmother gives you a puppy for your birthday.**
- 2. Your best friend tells you your new shoes look very cool.**
- 3. You want someone to pass you the salt, which is at the far end of the table.**
- 4. You burp or sneeze in the middle of a conversation with your teacher.**
- 5. You see, your classmate trip and fall.**
- 6. You accidentally spill someone's carton of milk.**
- 7. You have to squeeze between two people having a conversation, in order to get to your cabin or locker.**
- 8. You have to yawn when you are listening to your friend tell you about a movie he watched the night before.**
- 9. You accidentally step on someone's toe.**



## Activity Sheet



**Self-Motivator**

Child's Name : .....

Date : **Day-12** .....

Colour the picture  
Policeman



Circle the things I need



Motivation tag : .....



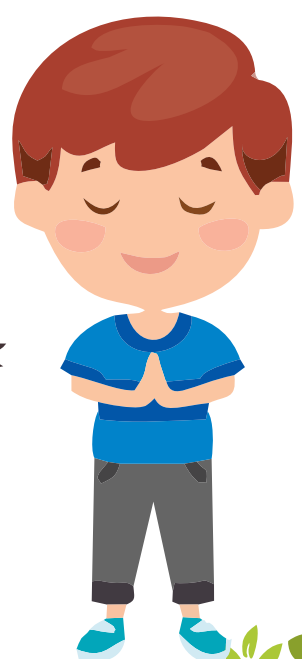


Prayer Time

Musical Skills



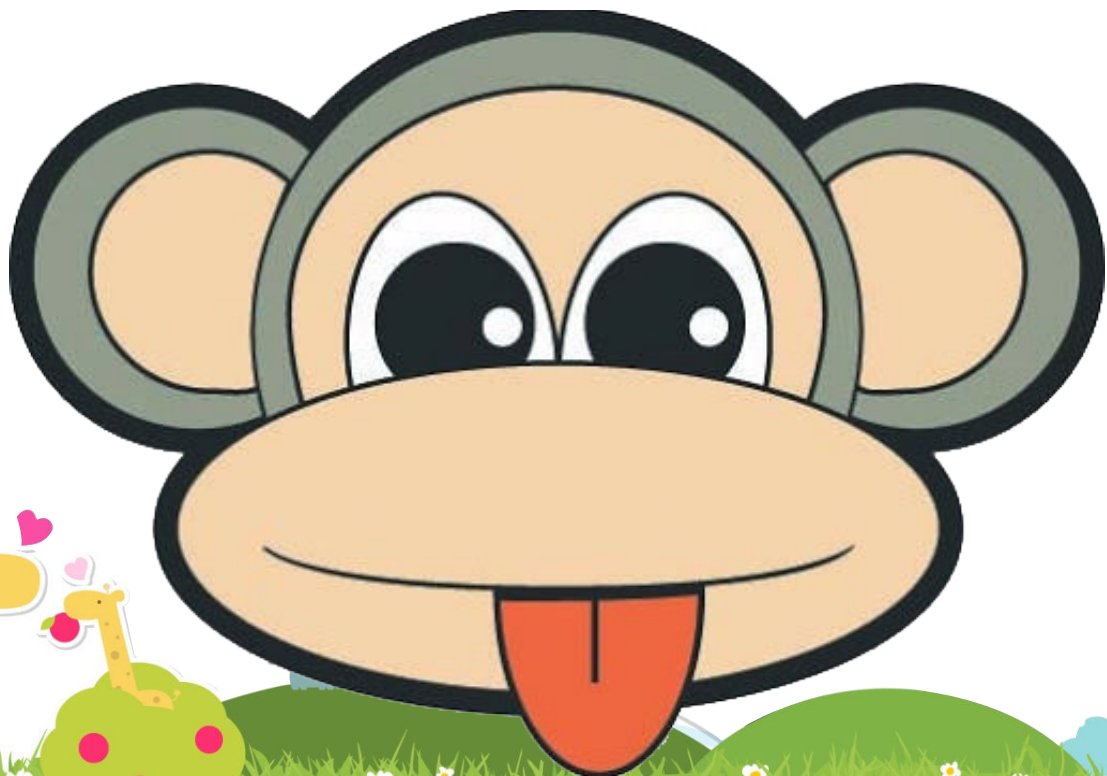
**We shall overcome,  
We shall overcome,  
We shall overcome someday,  
Oh, deep in my heart,  
I do believe,  
We shall overcome someday**



Tongue Twister Time

SPEECH DEVELOPMENT

**Fresh fried fish**  
**Fish fresh fried**  
**Fried fish fresh**  
**Fish fried fresh**



# Week-3 Day-3

## BOOK- RHYME 1

### SPEECH & LANGUAGE DEVELOPMENT

#### GOOD MANNERS

Manners are such lovely things,  
It's really fun to say,  
"Sorry" "Please" and "thank you"  
In such a nice way!  
"Thank you so much" mummy,"  
"Daddy, please sing it loud?"  
These are little magic words,  
That make my parents proud.



# Week-3 Day-3

## Gross Motors

Modified for younger kids

Extended arms to salutation

Place sole of foot on the calf or inner thigh

Lengthen through the core

Grounded leg & foot



# Week-3 Day-3

## Book Name: Concept Book 2 Page.No-12

Do the recapitulation session. Give the children clues and ask them to guess the community helper- Start the activity by showing the picture from the book.

- ✓The person who checks us when we are not well- Doctor.
- ✓The person who delivers the letter- Postman.
- ✓The person who teaches us—Teacher
- ✓The person who catches the thieves- Policeman.

### Community helpers

Name the people who help us.  
Write the initial sound of the word.

 <p style="text-align: right;">○</p>	 <p style="text-align: right;">○</p>
 <p style="text-align: right;">○</p>	 <p style="text-align: right;">○</p>

## अ और आ की कहानी

अ और आ दो है भाई  
 कभी न होती जिनकी लड़ाई, एक दिन अ बोलै आ से  
 तुम तो हो बहुत बड़े तुम संग तो मा=ा भी लगे  
 में तो जहा भी जाऊँ बिना मा=ा ही रह जाऊ  
 मेरा अनार सबको है भाता पर तुह्कि आम ही नंबर पाता  
 अदरक में सब है गुन पाते  
 फिर भी आलू को है खाते  
 तभी वहा पर लवर है आया  
 उसने दोनों को समझाया  
 अ तुम से ऐसे शब्द है बनते  
 जो बनि मा=ा के है सजते  
 जैसे को अनार, अब तब कब  
 आ करता फिर अपना काम  
 तुमको ही बनाता वह आम  
 अ + ा=आम अ + ा= आग





# Week-3 Day-3

## Walking & Talking (Sound of "EA") (Revision Activity)

The kid will do the revision of EA word through these interactive pictures which are given above.

First, take up with the sound, tell the child, let's play walking and talking vowel game.

Brief the pictures one by one and clear the concept to the child

**CANDY KIDS PRE SCHOOL**

Has two vowels, what's the rule  
The first one does the talking  
The second does the walking  
What's the word? The word is d-r-e-a-m

**CANDY KIDS PRE SCHOOL**

Has two vowels, what's the rule  
The first one does the talking  
The second does the walking  
What's the word? The word is S-e-a-t

**CANDY KIDS PRE SCHOOL**

Has two vowels, what's the rule  
The first one does the talking  
The second does the walking  
What's the word? The word is B-e-a-r

**CANDY KIDS PRE SCHOOL**

Has two vowels, what's the rule  
The first one does the talking  
The second does the walking  
What's the word? The word is B-e-a-d

## Book Name: Math Made Fun B Page No. 10

The first child will count the objects. Then match the number with the object.

Spell the number name with the assistance of a parent.

Now write the number names in her/his notebook.

**S+I+X=SIX**

**S+E+V+E+N=SEVEN**

**E+I+G+H+T=EIGHT**

**N+I+N+E=NINE**

**T+E+N=TEN**

### COUNTING 1-10

Count the objects. Read and write their numbers name.



1

ONE



2

TWO



3

THREE



4

FOUR



5

FIVE



6

SIX



7

SEVEN



8

EIGHT



9

NINE



10

TEN

## Activity Sheet

### Count & Write numbers & number name



**Self-Motivator**

Child's Name : .....

Date : ..... **Day-13** .....



Motivation tag : .....



## Activity Sheet

Fill the dot with right segment  
Revision of community helpers



Self-Motivator

Child's Name : .....

Date : ..... **Day-13** .....



He is a

- Teacher
- Postman
- Judge
- Painter
- Plumber



He is a

- Police
- Dentist
- Plumber
- Former
- Lawyer



She is a

- Chef
- Surgeon
- Teacher
- Nurse
- Baker



She is a

- Doctor
- Lawyer
- Pilot
- Nurse
- Teacher

Motivation tag : .....



## Activity Sheet

पूनरावर्ती

अ और आ से सम्बंधित शब्द लिखे



Self-Motivator

Child's Name : .....

Date : ..... Day-13

# अ

Handwriting practice lines for the letter 'अ'. The page contains 15 sets of horizontal lines, each consisting of a top red line, a middle green line, and a bottom red line.

# आ

Handwriting practice lines for the letter 'आ'. The page contains 15 sets of horizontal lines, each consisting of a top red line, a middle green line, and a bottom red line.

Motivation tag : .....



## Activity Sheet

Draw the line each word to respective basket



Self-Motivator

Child's Name : .....

Date : ..... **Day-13** .....

Beak                      Weak                      Dread                      Stead  
 Head                      Peak                      Meat                      Bread                      Neat                      Pear  
 Bear                      Great                      Feak                      Beat                      Thread                      Beast  
 Heat                      Sweat                      Seat                      Break



Short vowel sound "EA"



Long vowel sound "EA"

Motivation tag : .....





Prayer Time

Musical Skills



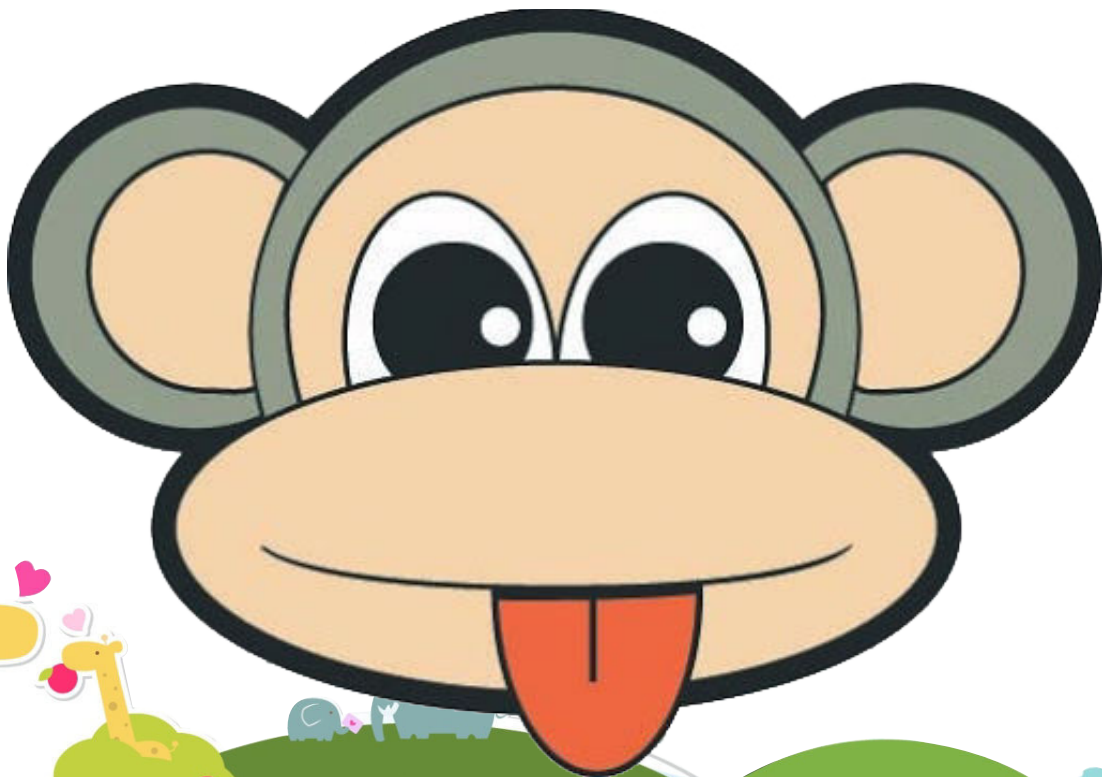
**We shall overcome,  
We shall overcome,  
We shall overcome someday,  
Oh, deep in my heart,  
I do believe,  
We shall overcome someday**



Tongue Twister Time

SPEECH DEVELOPMENT

**Fresh fried fish**  
**Fish fresh fried**  
**Fried fish fresh**  
**Fish fried fresh**





# Week-3 Day-4

## BOOK- RHYME 1

### SPEECH & LANGUAGE DEVELOPMENT

#### GOOD MANNERS

Manners are such lovely things,  
It's really fun to say,  
"Sorry" "Please" and "thank you"  
In such a nice way!  
"Thank you so much" mummy,"  
"Daddy, please sing it loud?"  
These are little magic words,  
That make my parents proud.



## Gross Motors

Modified for younger kids

Extended arms to salutation

Place sole of foot on the calf or inner thigh

Lengthen through the core

Grounded leg & foot



# Week-3 Day-4

## Book Name: Concept Book Page No. 13

Start the activity by showing the picture from the book. Now tell the child about

### MODES OF COMMUNICATION-

The communication is the way of expressing our thoughts either by speaking or writing. In other words, communication means sending or receiving messages from one person or more than one person..

- ✓ An ancient means of communication like Pigeon, Horse etc.
- ✓ Old means of communication like telegram, letter, landline phones, desktops etc.
- ✓ Modern means of communication like iPod, mobile, laptop etc.
- ✓ Gadgets used for one to one communication like e-mail, mobile etc.

### Modes of communication

Tick  those items which give you news.



# Week-3 Day-4

Book Name: Worksheet Swar Gyan Page No. 12

इ की मात्रा से हम शब्दों को एक नया रूप दे सकते हैं  
 इ की मात्रा सदैव उलटे से लगती है  
 इ, र = रि, क = कि

	इ	की	मात्रा	(इ = ि)	
कि	खि	गि	घि	ङि	
चि	छि	जि	झि	ञि	
टि	ठि	डि	ढि	णि	
ति	थि	दि	धि	नि	
पि	फि	बि	भि	मि	
यि	रि	लि	वि	शि	
षि	सि	हि	क्षि	त्रि	
श्रि					



**Prayer Time**

**Musical Skills**



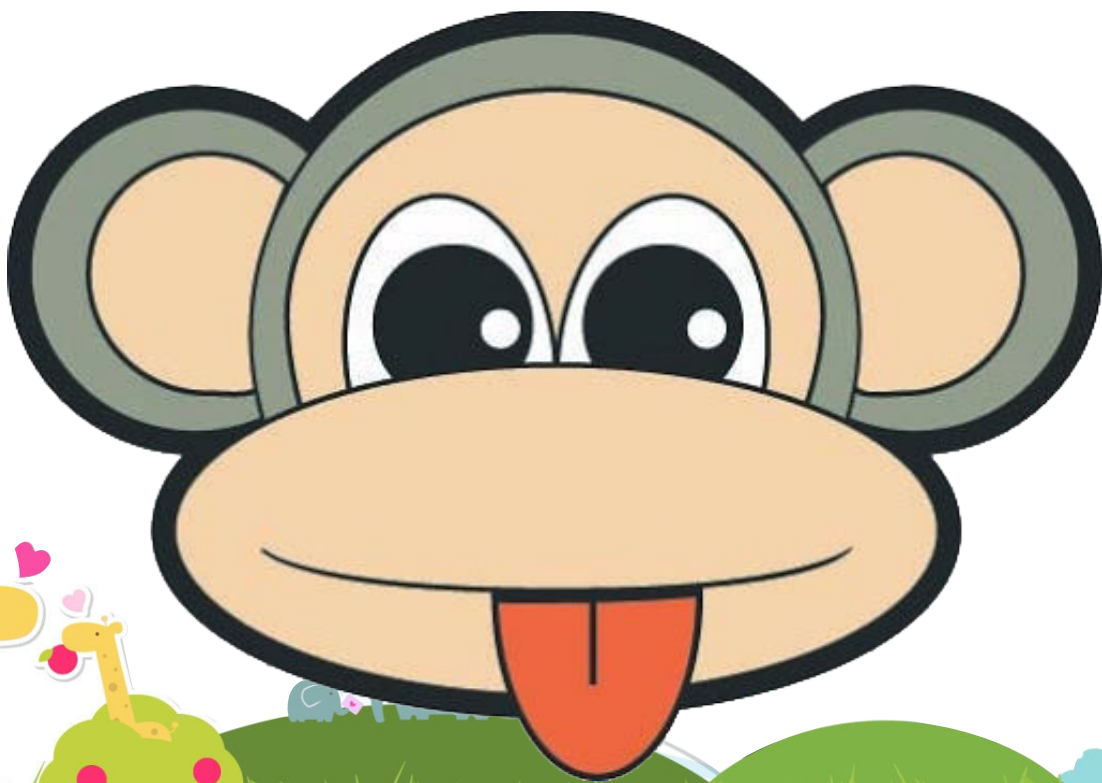
**We shall overcome,  
We shall overcome,  
We shall overcome someday,  
Oh, deep in my heart,  
I do believe,  
We shall overcome someday**



Tongue Twister Time

SPEECH DEVELOPMENT

**Fresh fried fish**  
**Fish fresh fried**  
**Fried fish fresh**  
**Fish fried fresh**



**BOOK- RHYME 1****SPEECH & LANGUAGE DEVELOPMENT****GOOD MANNERS**

Manners are such lovely things,  
It's really fun to say,  
"Sorry" "Please" and "thank you"  
In such a nice way!  
"Thank you so much" "mummy,"  
"Daddy, please sing it loud?"  
These are little magic words,  
That make my parents proud.



# Week-3 Day-5

## Gross Motors

Modified for younger kids



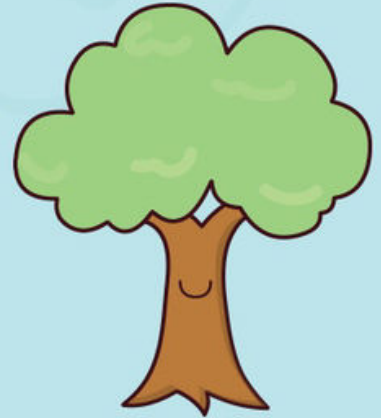
Extended arms to salutation



Place sole of foot on the calf or inner thigh

Lengthen through the core

Grounded leg & foot





# Week-3 Day-5

## Book Name: Concept Book Page No. 13

Start the activity by showing the picture from the book.

Now tell the child about

### Means of communication in Modern age

Telephones and mobiles are most commonly used means of communication. They are not only very fast, but also link far distant location within no time.

- **Mass Communication** means where a large number of people are communicated at the same time. Like-T. V, Radio, Newspaper and E- news.
- **Postal Communication** means where letters and cards are posted in the post box. Postman goes to each house to deliver the letters. It takes a few days to reach. Like: Letters, Postcard
- **One to one communication** means where the messages reach instantly with a personal touch. Like: E mail, Telephone, Mobile.

### Activity-

Take the child near the computer or laptop and show him/her how we send the mails.

Make the child sit near the computers. Talk about the computer, its parts and then show the child how we send the mails.

Tell the child that it is the fastest means of communication.

In seconds, we can send our messages to the other person.

### Personal Communication

Communication that we do only to a particular person through message, e-mails, and letters is a personal communication.

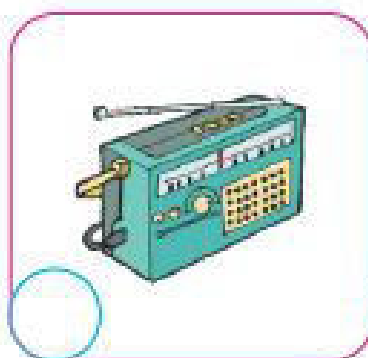


# Week-3 Day-5

Book Name: Concept Book Page No. 13

## Modes of communication

Tick  those items which give you news.



## Pre-Number Game (Additional Activity) (Revision)

### Pre number concepts-

Collect some items for the activity.

### Material required:

Two empty boxes big and small, two ropes in different size, bread pieces, watermelon.

⇔ First cut the watermelon and fill it in two bowls.

⇔ Second, keep two boxes.

⇔ Third place the rope on the floor.

⇔ Keep two bread slices in two different plates.

⇔ Start the activity with the child.

⇔ Parent: Let's play pre number game.

⇔ Child: which game?

⇔ Parent: It is pre number concept game.

⇔ Parent: In this game you will do an activity and tell me the name of the concept.

⇔ Child: ok

⇔ Parent: Here are two bowls and fill with watermelon.

Now you tell me in which bowl more watermelon and which bowl less.

⇔ Child: This bowl full of more watermelon and this bowl is full with less watermelon.

⇔ Parent: Here are two boxes. You will reverse the boxes one by one and tell me about their weight.

⇔ Child: this box is heavy and this is light.

⇔ Parent: Now see the rope and tell me which one is long and which one is short.

⇔ Parent: Do you like a sandwich? We make sandwiches with bread

Here we have two slices of bread can you give me thick slice and thin slice.



**Tippi Tippi Tap game (Additional Activity)**

**In this activity, take the child in an open area of the house.**

**The child will sing the chant-**

**Tippi Tippi Tap..Which colour do you want?**

**The child says- I want-\_\_\_\_\_ (the name of a colour).**

**All the family members will run and touch that colour.**

**The child will chase the  
family member who has not yet touched.**



## Activity Sheet



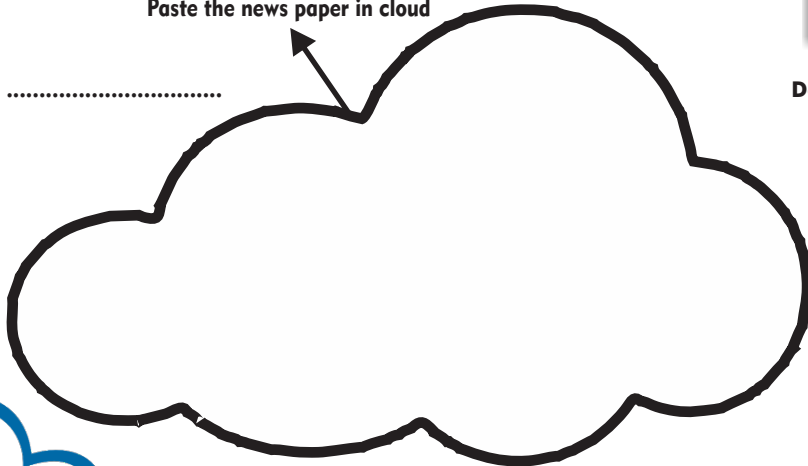
**Self-Motivator**

**Day-15**

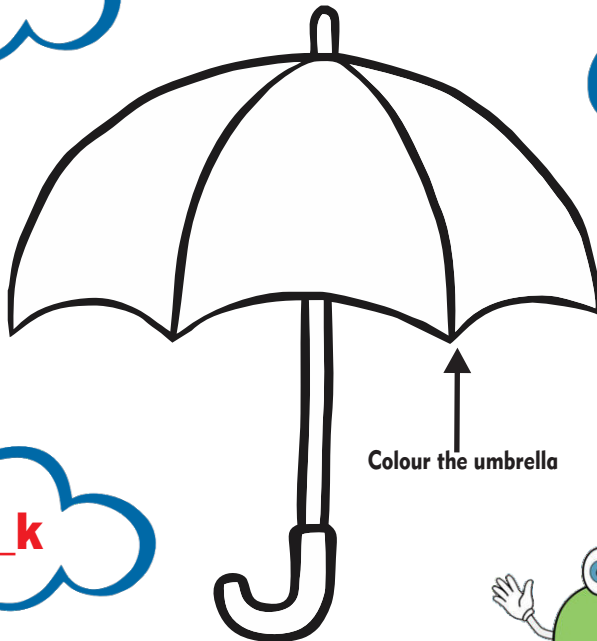
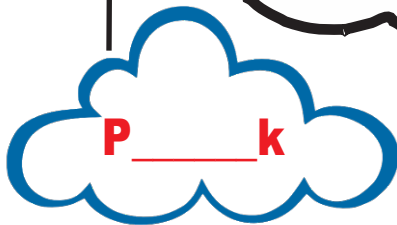
Date : .....

Paste the news paper in cloud

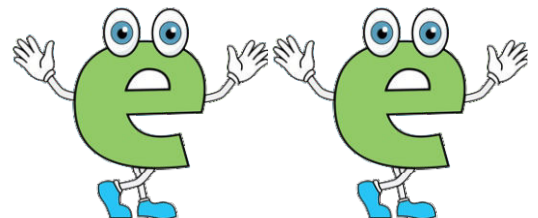
Child's Name : .....



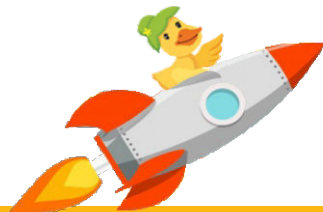
Complete the word with "ee"



Colour the umbrella



Motivation tag : .....



# Week-4 Day-1

## LEARNING SCHEDULE

<b>Prayer</b>	We shall overcome, someday, oh deep in my heart, I do believe, We shall overcome someday.
<b>Tongue twister</b>	Crush grapes, grapes crush
<b>Excersie</b>	Based on Overall Development
<b>Rhymes</b>	Book- Rhyme 4
<b>Concept</b>	Concept Book 2
<b>English</b>	Worksheet Kids English
<b>Math's</b>	Maths Made Fun B
<b>Arts</b>	Crayon Time C
<b>Hindi</b>	Worksheet Swar Gyan
<b>Concept</b>	Phonic Drill
<b>Additional Activity</b>	Based on Eight Multiple Intelligence

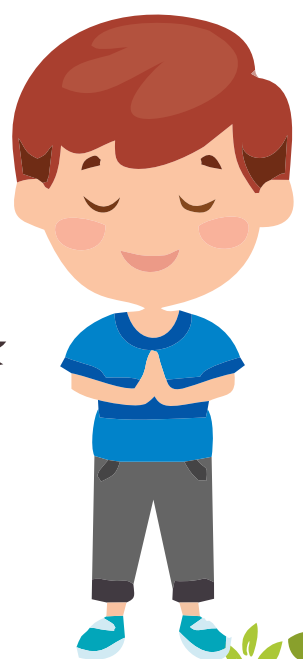


**Prayer Time**

**Musical Skills**



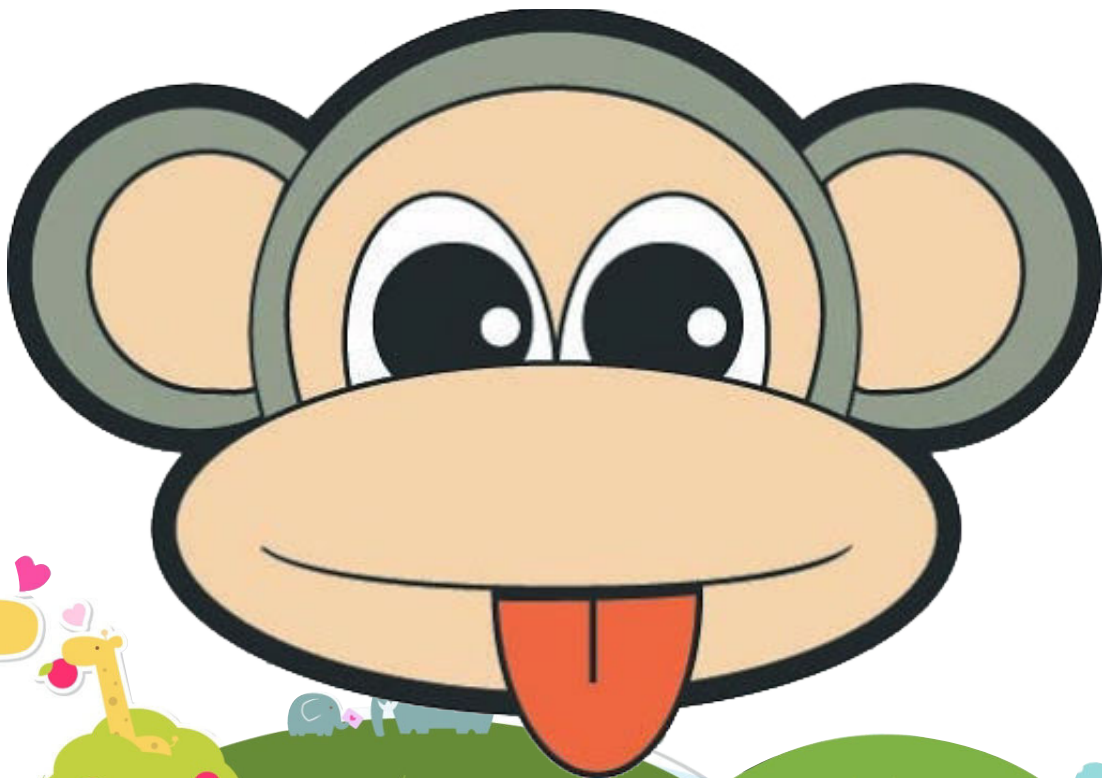
**We shall overcome,  
We shall overcome,  
We shall overcome someday,  
Oh, deep in my heart,  
I do believe,  
We shall overcome someday**



Tongue Twister Time

SPEECH DEVELOPMENT

**Fresh fried fish**  
**Fish fresh fried**  
**Fried fish fresh**  
**Fish fried fresh**





**BOOK- RHYME 1****SPEECH & LANGUAGE DEVELOPMENT****GOOD MANNERS**

Manners are such lovely things,  
It's really fun to say,  
"Sorry" "Please" and "thank you"  
In such a nice way!  
"Thank you so much" mummy,"  
"Daddy, please sing it loud?"  
These are little magic words,  
That make my parents proud.



## Gross Motors

Modified for younger kids

Extended arms to salutation

Place sole of foot on the calf or inner thigh

Lengthen through the core

Grounded leg & foot

A diagram illustrating a modified tree pose for younger children. On the left, a small child stands with hands in a prayer position. In the center, a girl is shown in a tree pose with her right foot on her left calf and arms raised. To the right is a simple drawing of a tree. Text labels provide instructions: 'Modified for younger kids', 'Extended arms to salutation', 'Place sole of foot on the calf or inner thigh', 'Lengthen through the core', and 'Grounded leg & foot'.


## Book Name: Concept Book Page No. 3

- ✓ Start the activity by showing the picture from the book.
- ✓ This is a revision activity with writing.
- ✓ Child has already done concept of myself activity previously.
- ✓ Now child will read and write about myself in his/her English note book.

This is me



My name is \_\_\_\_\_.

I am \_\_\_\_\_ years old.  (Draw candles)

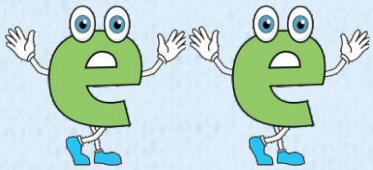
I come to school by \_\_\_\_\_ (Draw).

My favorite colour is  (Colour the box).

My favorite food is \_\_\_\_\_ (Draw).


## Pre-Number Game (Additional Activity) (Revision)


Day-16 UKG



Has two vowels, what's the rule.  
The first one does the talking,  
The second does the walking  
We are the same we make a  
long sound and that is ee.  
Walk together, talk together.

Day-16 UKG

We are friends, we walk & talk together 



Lee the sheep couldn't sleep. The birds would cheep, the cars would beep and keep him from sleep. For three weeks, no sleep. He Needed to sleep! So he put cheese in each ear to keep out the beeps and cheeps. Now he is free to sleep for weeks.

1. Who was not able to sleep?
2. Who was the chirping?
3. From how many weeks sheep couldn't sleep?
4. Complete the line—
5. Lee the ----- Couldn't sleep.
6. Now he is ----- to ----- for-----

- ✓ Start the activity by showing the picture (Which is given above.)
  - ✓ Explain the “ee” sound words to the child.
  - ✓ Ask the child about the sound of e, then tell the child if two e will meet together, they will make a long ee sound.
  - ✓ Let's say ee.
- ✓ Put the stress on ee sound and the child will repeat after you.



Book Name: Worksheet Swar Gyan Page No. 13

## मा=ा शुः करे लगानी

बच्चों को पहले ऊपर दिए गए पाठ की सहायता से पढ़वाए  
फिर बच्चों को शब्द अभ्यास पुस्तिका में लिखवाये

इ (i) की मात्रा	 नि ब निब	 पि न पिन
 कि ला किला	 खि ला खिला	 र वि रवि
 सि र सिर	 पि टा रा पिटारा	 चि डि या चिड़ियां
 कि ता ब किताब	 कि वा ड किवाड़	 कि सा न किसान
 गि टार गिटार	 बि टि या बिटिया	 बा रि श बारिश

**Pitter patter rain drops (Additional Activity)****Learning Objective:**

Child will come to know formation of rain.

**Skill development:**

Develop inquisitiveness and language development.

**Material required:**

Transparent plastic jar, thermocol plate, ice cubes, compass and warm water.



## Pitter patter rain drops (Additional Activity)



### How to proceed: •

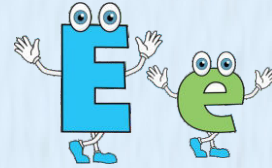
- Start the activity with rhyme. (Rain, rain go away) •
- Tell the child today we are going to do an interesting activity.
- Half fill the jar with warm water now place the thermocol plate on top of jar.
- Make holes in it with a compass.
- Now put the ice cubes in the plate.
- Tell the child observe the drop which comes through holes.
- Now we get rain to drop tip tip top.
- The child will observe the falling of rain in the jar.
- Rain drop has come.



## Day-16

UKG

We are friends, we  
walk & talk together



Lee the shee**p** couldn't slee**p**. The birds would chee**p**, the cars would be**eep** and kee**p** him from slee**p**. For three wee**k**s, no slee**p**. He Needed to slee**p**! So he put chee**s**e in each ear to kee**p** out the be**eeps** and chee**p**s. Now he is free to slee**p** for wee**k**s.

1. Who was not able to sleep?
2. Who was the chirping?
3. From how many weeks sheep couldn't sleep?
4. Complete the line—
5. Lee the -----Couldn't sleep.
6. Now he is ----- to -----for-----





Prayer Time

Musical Skills



We shall overcome,  
We shall overcome,  
We shall overcome someday,  
Oh, deep in my heart,  
I do believe,  
We shall overcome someday



# Week-4 Day-2

## BOOK- RHYME 1

### SPEECH & LANGUAGE DEVELOPMENT

#### GOOD MANNERS

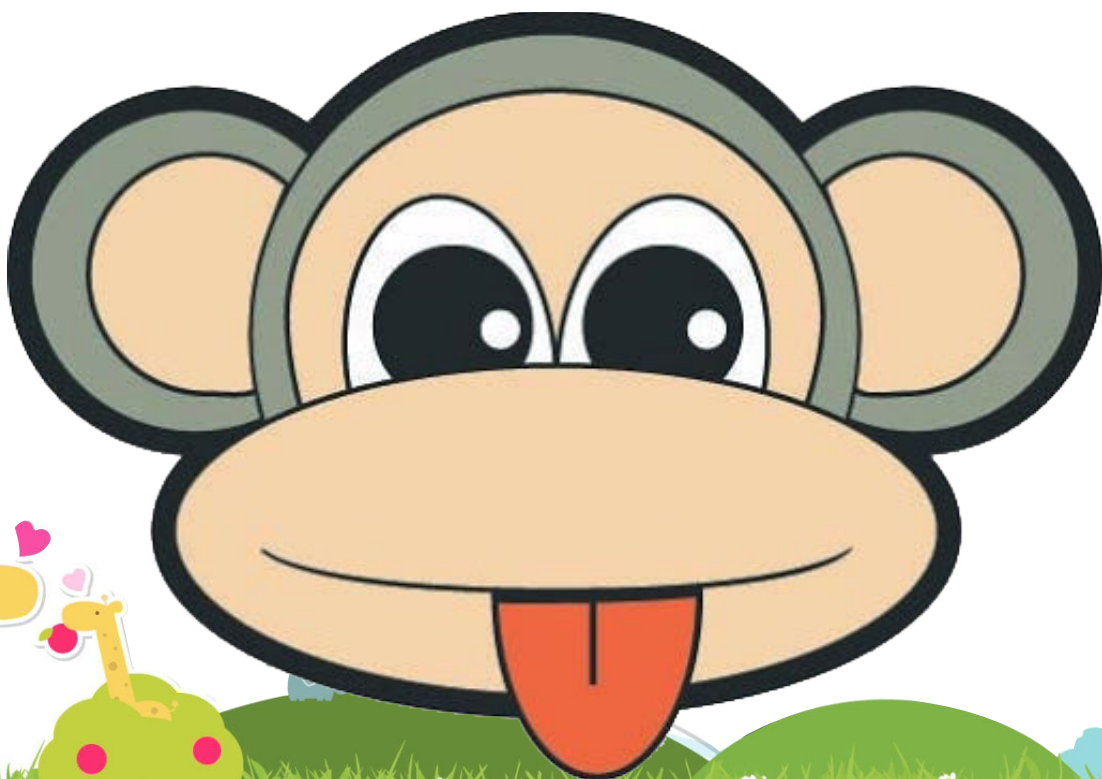
Manners are such lovely things,  
It's really fun to say,  
"Sorry" "Please" and "thank you"  
In such a nice way!  
"Thank you so much" "mummy,"  
"Daddy, please sing it loud?"  
These are little magic words,  
That make my parents proud.



Tongue Twister Time

SPEECH DEVELOPMENT

**Fresh fried fish**  
**Fish fresh fried**  
**Fried fish fresh**  
**Fish fried fresh**



# Week-4 Day-2

## Gross Motors

Modified for younger kids



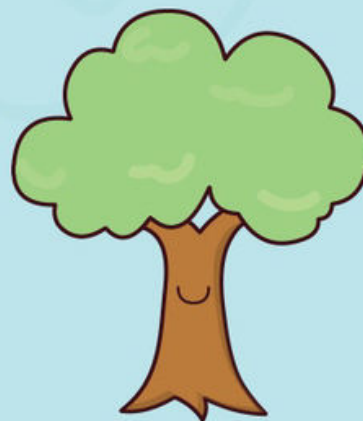
Extended arms to salutation



Place sole of foot on the calf or inner thigh

Lengthen through the core

Grounded leg & foot



# Rainy Day (Revision)



## Materials Required-

**White Cartridge sheet (A4 size), blue kite paper, and crayons.**

## Preparations to be done in advance-

**Fold the A4 sheet in the form of a card.**

## Nurturing Strategies-

- Introduce the activity to the child.
- Tell the child we will make the rainy day card.
- Give the square kite paper to the child and ask him/her to fold like a fan.
- Next, paste the folded paper in the form of the umbrella as shown in the image above.
- Ask the child to draw & colour the girl under the umbrella.
- Now make the clouds and the rain drops with the crayons.



**Book Name: Concept Book Page No. 5**

## **MY FAMILY:-**

**Start the activity by showing the picture from the book.**

**Now the child will write the sentences on**

**My Family in English notebook.**

- o I live in a joint/nuclear family.
- o There are.....members in my family
- o My father's name is.....
- o My mother's name is.....
- o My Paternal Grandfather's name is \_\_\_\_\_
- o My Paternal Grandmother name is \_\_\_\_\_
- o I have \_\_\_\_\_ Siblings.
- o My Maternal grandfather name is \_\_\_\_\_
- o My Maternal grandmother's name is \_\_\_\_\_
- o My family is a happy family.
- o I love my family.

### **Role Play of the Family Members (Additional Activity)**

**This is a role play activity so make sure that the child will dress as any family member he/she has to enact.**

**Encourage the child for role play.**



# Week-4 Day-2

Book Name: Concept Book Page No. 5

## My Family

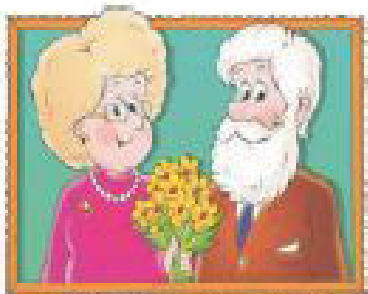
My Father



My Mother



Tick  the people who live with you.



Grandfather  
Grandmother



Brother



Aunt - Uncle



Sister



Baby

**Book Name: Math Made Fun B Page-no- 7**

- ⇔ **Take the reference from the book picture.**
- ⇔ **Show the picture to the child.**
- ⇔ **Discuss with the child here you can see things in a group.**
- ⇔ **Tell the child a group of objects is called a collection.**
- ⇔ **Now take some household things and arrange in the collection with the child.**

**Now sing the rhyme for collection concept.**

**I have books,  
I have bells,  
I have toys,  
I have flowers  
I have a big collection of all these things,**

**When we have group of things  
we have a collection of things.**





Book Name: Math Made Fun B Page-no- 7

A group of objects is called a collection.



A collection of **books**.



A collection of **bells**.



A collection of **toys**.



A collection of **flowers**.

*Cross (x) the odd one which does not match with others.*



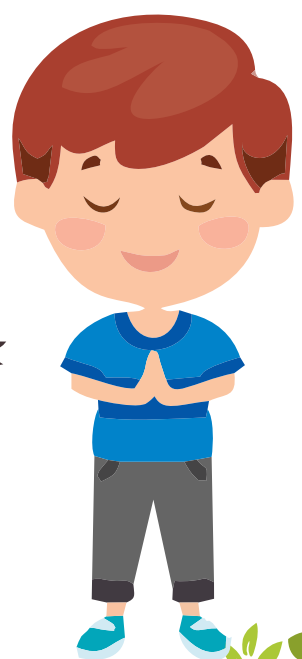


Prayer Time

Musical Skills



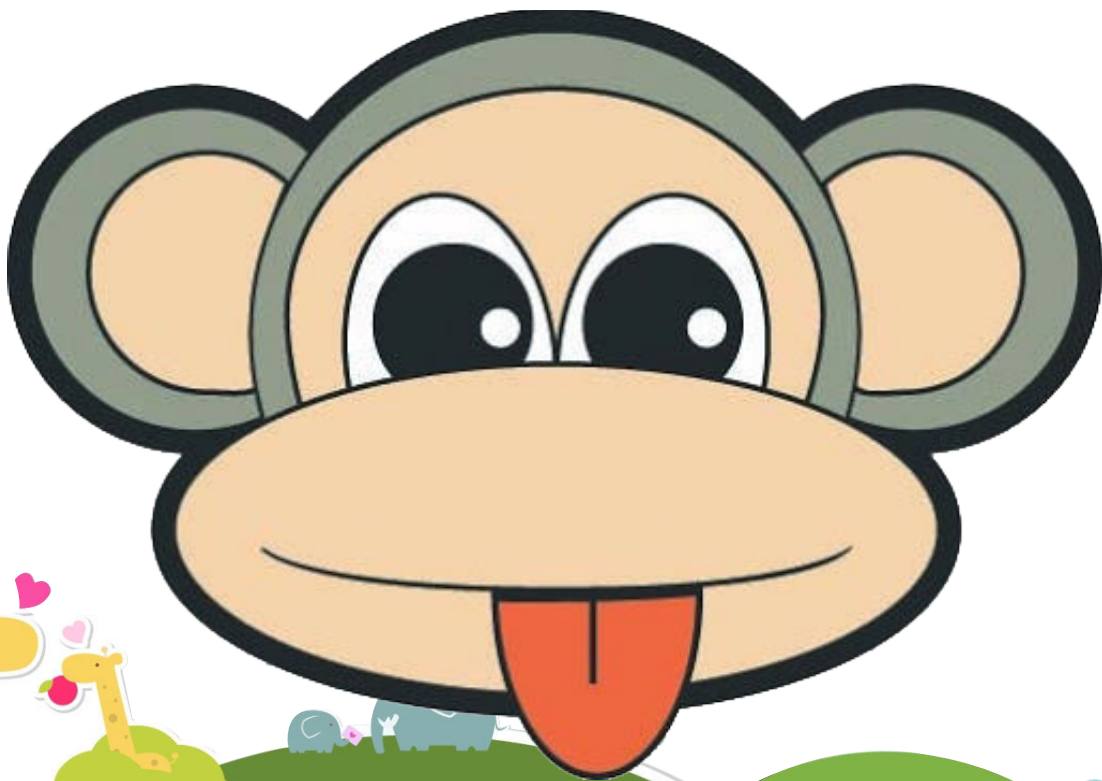
We shall overcome,  
We shall overcome,  
We shall overcome someday,  
Oh, deep in my heart,  
I do believe,  
We shall overcome someday



Tongue Twister Time

SPEECH DEVELOPMENT

**Fresh fried fish**  
**Fish fresh fried**  
**Fried fish fresh**  
**Fish fried fresh**



**BOOK- RHYME 1****SPEECH & LANGUAGE DEVELOPMENT****GOOD MANNERS**

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That make my parents proud.



## Gross Motors

Modified for younger kids

Extended arms to salutation

Place sole of foot on the calf or inner thigh

Lengthen through the core

Grounded leg & foot

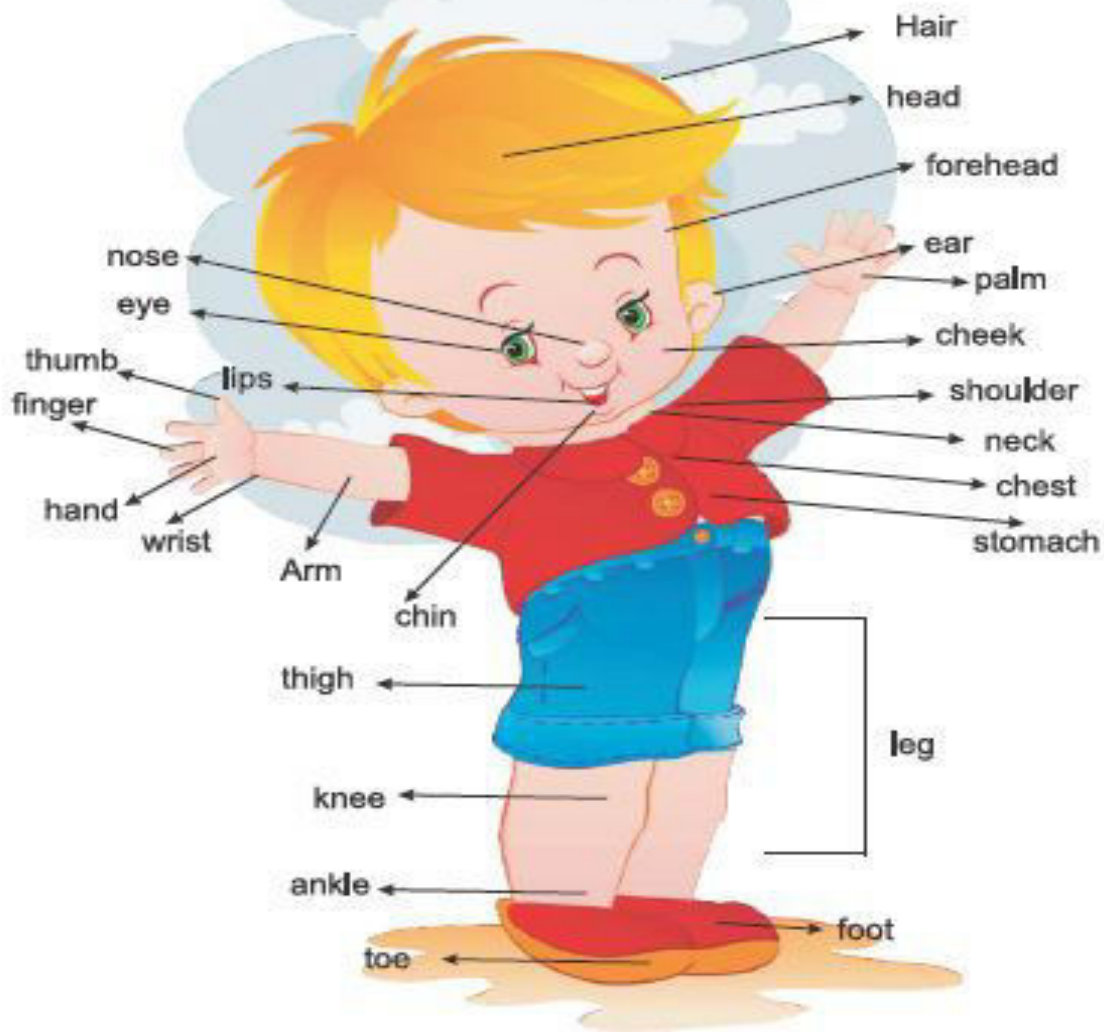
A diagram illustrating the tree pose (Vrikshasana) for children. On the left, a small child is shown in a prayer position (Anjali Mudra). In the center, a girl is shown in the tree pose, with her right foot placed on her left calf and her arms raised to form a prayer position above her head. To the right is a simple illustration of a tree with a brown trunk and green foliage. Text labels provide instructions: 'Modified for younger kids', 'Extended arms to salutation', 'Place sole of foot on the calf or inner thigh', 'Lengthen through the core', and 'Grounded leg & foot'.

## Book Name: Concept Book Page No. 6

- ✓ This is a revision activity of body parts.
- ✓ Open the book and flip the page. No- 6.
- ✓ Now ask to the child about body parts.
- ✓ Then the child will do oral activities with a rhyme on body parts.

### Myself

#### Parts of my body



# Week-4 Day-3

## Book Name: Phonic Drill Page No. 3

- ✓ Take the reference from the book picture.
- ✓ Show the picture to the child.
- ✓ Ask to the child about ee sound.
- ✓ If the child will not give correct answer correct him/her immediately.
- ✓ Now tell the child, let's make words rhyme.
- ✓ See the picture from the book
- ✓ Bee likes Jeep,
- ✓ Jeep likes Beep,
- ✓ Sheep likes sleep, Tree likes Neem

bee  
fee  
see  
wee  
three  
free  
tree



beet  
feet  
meet



neem  
seem  
teem



peek  
reek  
seek  
week  
mEEK



beep  
deep  
jeep  
keep  
peep  
weep



sheep  
sweep



['ee' is pronounced

Book Name: Worksheet Swar Gyan Page No. 13

## इ की मात्रा का खेल

इ ि  
र = िरि  
क = कि

बच्चे को इ की मात्रा कसे लगानी है  
हम बच्चे को गतिविधि के साथ समझायेंगे  
बच्चे को आटा देकर इ की मात्रा को बनाना बतायेगे  
अब बच्चा मात्रा को अलग अलग अक्षर के साथ लगा  
कर अक्षर को बदलते हुए देखेंगे





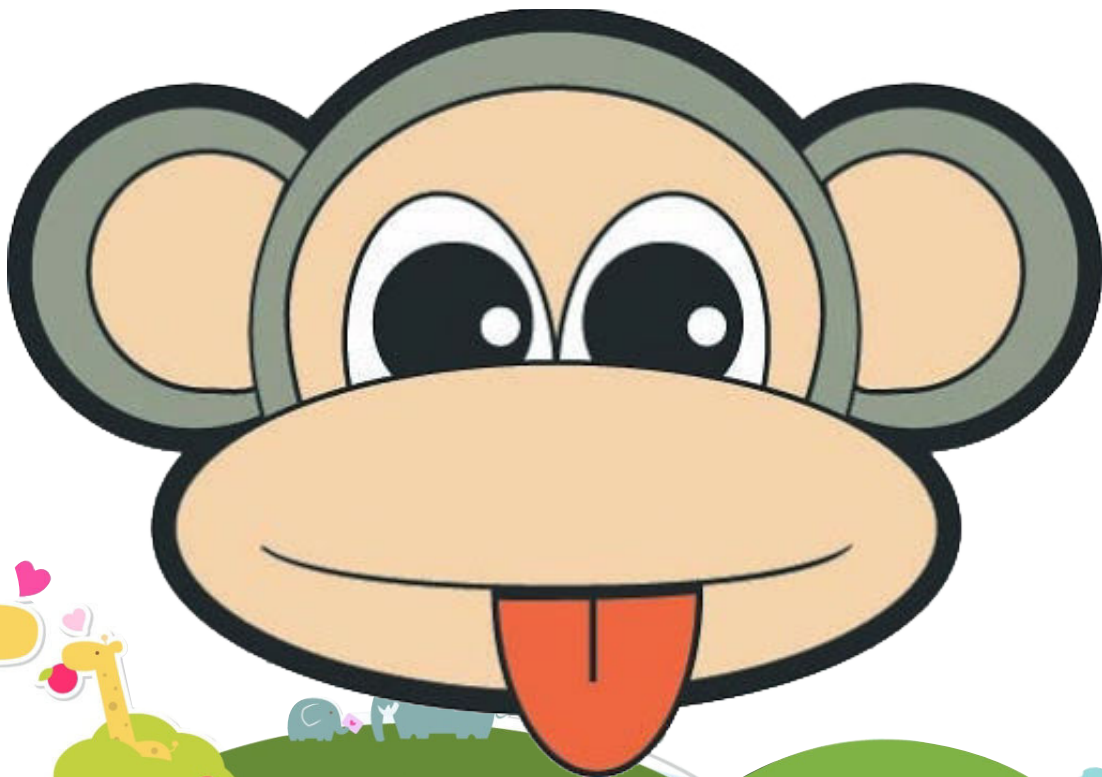
Book Name: Worksheet Swar Gyan Page No. 13

इ (i) की मात्रा	 ि न ब निब	 ि प न पिन
 ि क ला किला	 ि खला खिला	 र वि रवि
 ि सर सिर	 ि प टा रा पिटारा	 ि च ि ड़ या चिड़िया
 ि क ता ब किताब	 ि क वा ड़ किवाड़	 ि क सा न किसान
 ि ग टार गिटार	 ि ब ि ट या बिटिया	 बा ि र श बारिश

Tongue Twister Time

SPEECH DEVELOPMENT

**Fresh fried fish**  
**Fish fresh fried**  
**Fried fish fresh**  
**Fish fried fresh**



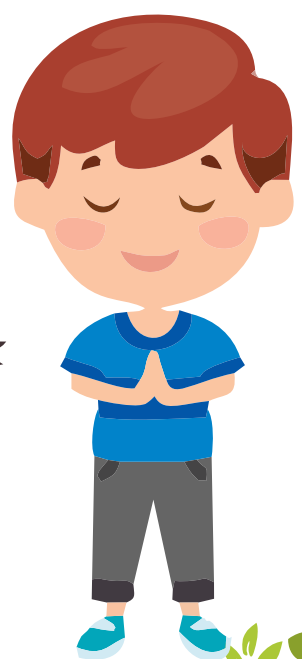


Prayer Time

Musical Skills



We shall overcome,  
We shall overcome,  
We shall overcome someday,  
Oh, deep in my heart,  
I do believe,  
We shall overcome someday



## Gross Motors

Modified for younger kids

Extended arms to salutation

Place sole of foot on the calf or inner thigh

Lengthen through the core

Grounded leg & foot

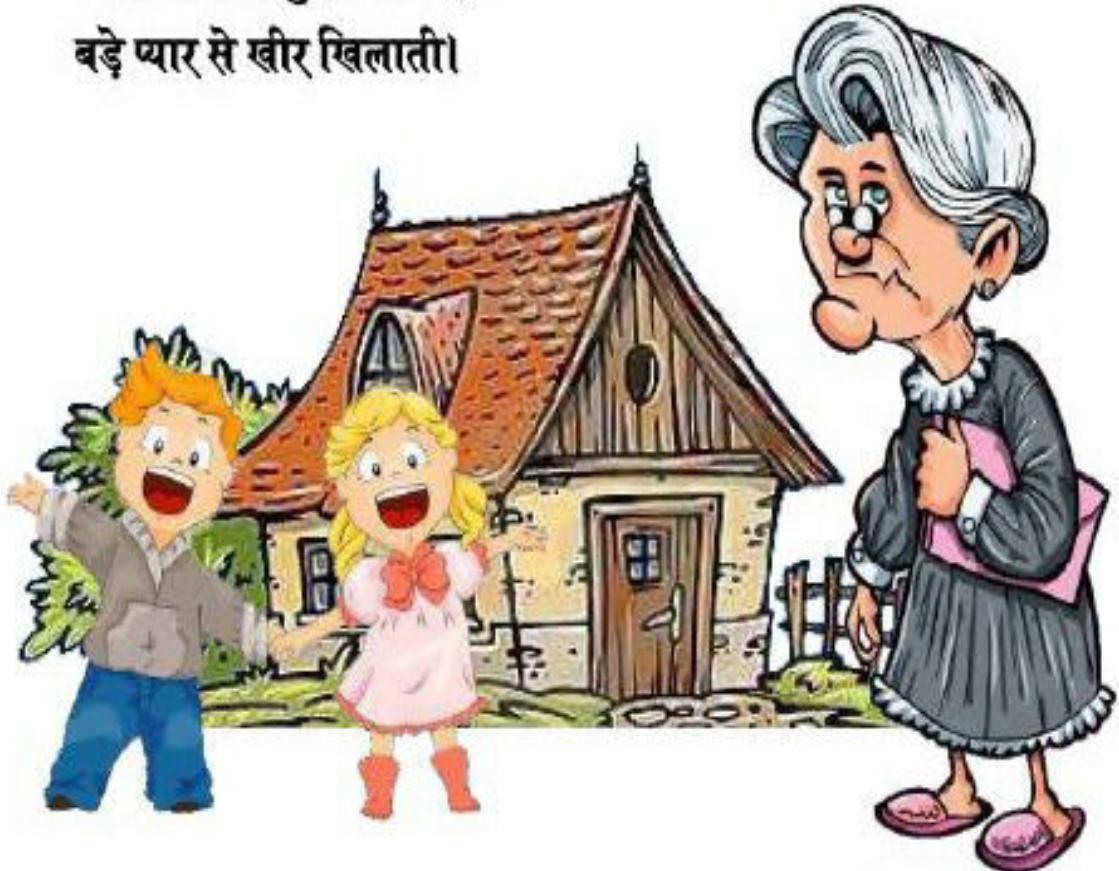


## BOOK- RHYME 1

## SPEECH &amp; LANGUAGE DEVELOPMENT

## दादी अम्मा

दादी अम्मा दादी अम्मा  
प्यारी-प्यारी दादी अम्मा,  
मुझे सुनाती रोज कहानी,  
मुझको कहती गुड़ियाँ रानी,  
गोल-गोल चश्मा लगाती  
लोरी गाकर मुझे सुलाती,  
अपनी गोद में मुझे बैठाकर,  
बड़े प्यार से खीर खिलाती।



# Week-4 Day-4

Book- Concept Book ( Page.no-8,9)

I like reading A.B.C  
I like playing with new bat,  
I like wearing new new clothes,  
I am small for driving  
I like cutting with safety scissors,  
I like painting with lots of colours,  
I like cooking non-fire cooking.

## Myself

Colour the things you can do.

Cutting



Painting



Cooking

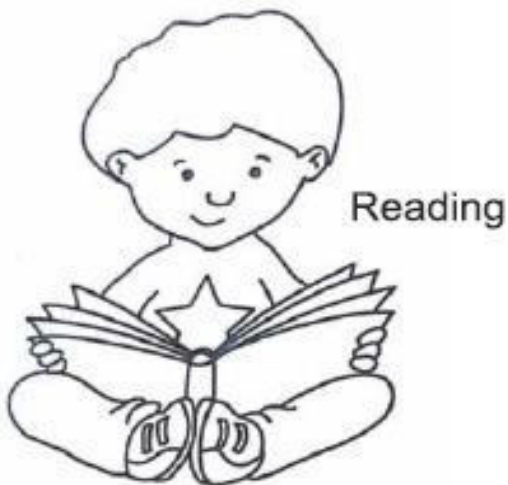


## Book- Concept Book ( Page.no-8,9)

- ✓ This is a revision activity of My Self.
- ✓ Open the book and flip the page. No- 8 &9.
- ✓ Now ask to the child about his /her favorite things with a rhyme.

### Myself

Colour the things you can do.



**Before, Between and After (Revision Activity)**

Start the activity with revision.

Ask to the child There are three rain drops.

(Take the reference from the picture which is given above)

They have numbers 21,22 and 23.

Similarly we will do the activity in sheet.

Where we will fill the number according before, after and between.

Drop 1 –number is 21

Drop-2- number is 22

Drop-3- number is 23

21 comes before 22, 23 comes after 22 and between 21 and 23 is 22.

Now let's do the sheet.





## Activity Sheet

### Myself

Colour the things you can do.



Child's Name : .....

Date : **Day-19** .....

Cutting



Painting



Cooking



Motivation tag : .....



# Activity Sheet



Child's Name : .....

Date : ..... **Day-17** .....

Before, After, In between concept.



1 comes before 2

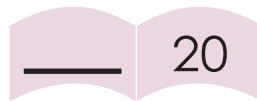
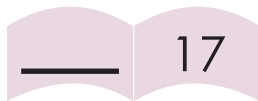
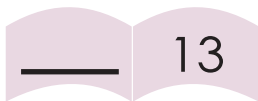
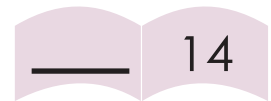
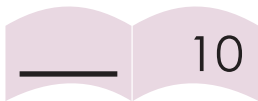


3 comes after 2

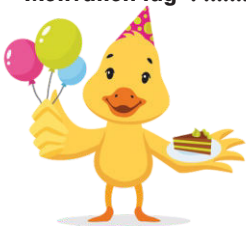


2 comes in between 1 and 3.

Write the number that comes before.



Motivation tag : .....



## Activity Sheet

Learn and write 'ea' sound words in your notebook



Child's Name : .....

Date : **Day-19** .....

### Sound of Vowel "EA" Words

'ea' is pronounced in two ways :

beak  
peak  
weak  
beat  
heat  
meat  
neat  
seat  
beast  
feast  
least  
cream  
dream  
scream



beak



weak



meat



dream

head  
bread  
dread  
thread  
stead  
great  
sweat  
break  
bear  
pear  
wear  
year



head



Bread



bear



pear

'ea' is pronounced as **ea**      'ea' is pronounced as **er**

Motivation tag : .....



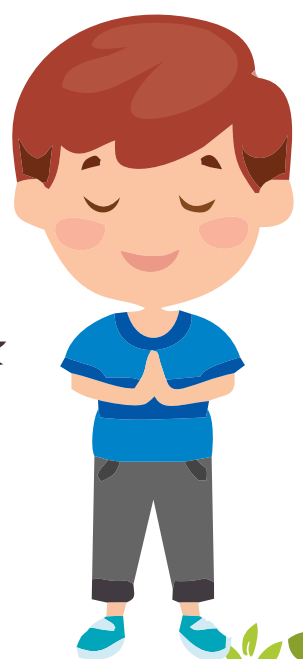


**Prayer Time**

**Musical Skills**



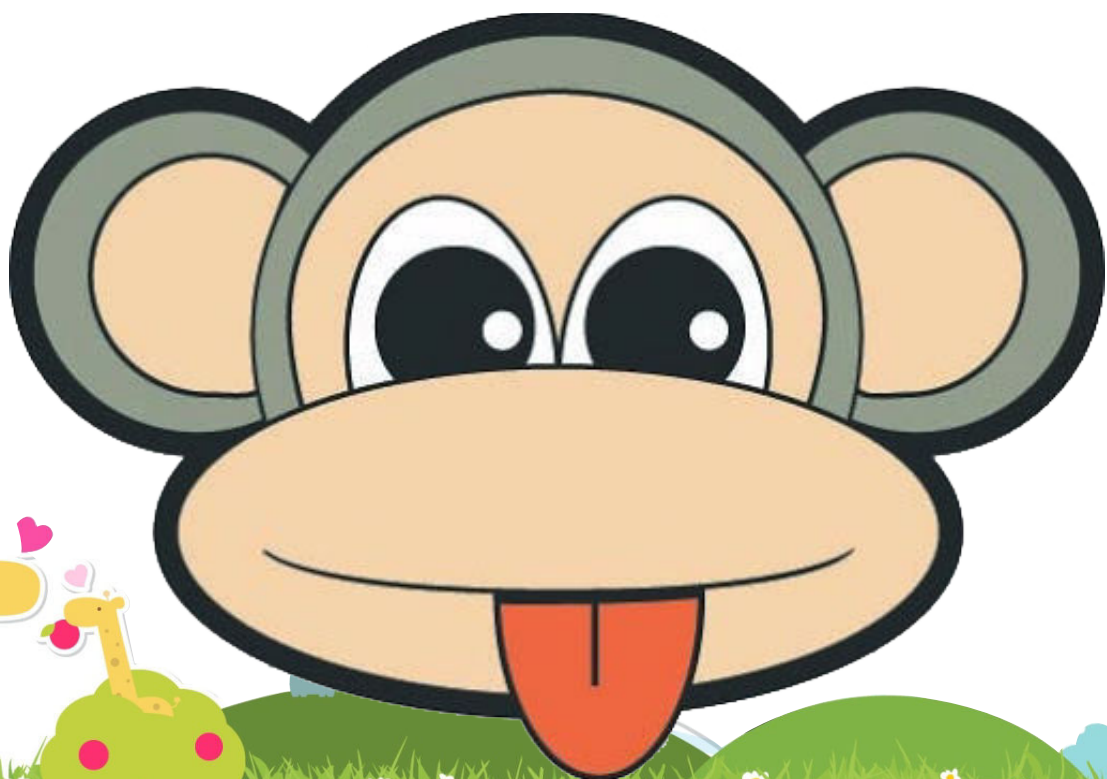
**We shall overcome,  
We shall overcome,  
We shall overcome someday,  
Oh, deep in my heart,  
I do believe,  
We shall overcome someday**



Tongue Twister Time

SPEECH DEVELOPMENT

**Fresh fried fish**  
**Fish fresh fried**  
**Fried fish fresh**  
**Fish fried fresh**



## Gross Motors

Modified for younger kids

Extended arms to salutation

Place sole of foot on the calf or inner thigh

Lengthen through the core

Grounded leg & foot

An illustration within a blue-bordered box. On the left, a child with dark skin and curly hair stands in a prayer pose (Anjali Mudra) with hands together. In the center, a girl with brown hair in a bun stands in a tree pose (Vrikshasana) with her right foot on her left calf and arms raised in a prayer pose. On the right, there is a simple drawing of a tree with a brown trunk and a green, rounded canopy.

## BOOK- RHYME 1

## SPEECH &amp; LANGUAGE DEVELOPMENT

## दादी अम्मा

दादी अम्मा दादी अम्मा  
प्यारी-प्यारी दादी अम्मा,  
मुझे सुनाती रोज कहानी,  
मुझको कहती गुड़ियाँ रानी,  
गोल-गोल चश्मा लगाती  
लोरी गाकर मुझे सुलाती,  
अपनी गोद में मुझे बैठाकर,  
बड़े प्यार से खीर खिलाती।



## Book Name: Concept Book 2 Page No. 10

- ✓ This is a revision activity of My Self.
- ✓ Open the book and flip the page. No- 10.
- ✓ Now ask to the child about his /her favorite things with small sentences.
- ✓ I like to Spend the time with grandmother
- ✓ Kick the ball and hit the goal.
- ✓ I like my mother's lap. I love the rainy season.
- ✓ Love to play with my father.
- ✓ I don't like to visit to the doctor's clinic.
- ✓ Help the child learn these lines.

### Myself

Circle the things you enjoy most.





Book Name: Worksheet Swar Gyan Page No. 15

बच्चे को पुस्तक में से पाठ का अ/ध्यान करवाते हुए  
इ की मात्रा कैसे वाक्य को पूरा करती है यह बतायेंगे  
अब बच्चा अपनी अभ्यास पुस्तिका में पाठ का लेख करेगा

## 'इ' स्वर से बने वाक्य

दिन निकल आया।

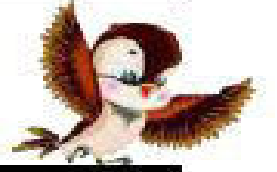
दिन निकल आया तो कौन आई ?

चिड़िया आई।

\_\_\_\_\_

चिड़िया इधर आ।

चिड़िया क्या खा ?



दाना खा।

किरन क्या पढ़ ?

किरन तितली मत पकड़।

किताब पढ़।

पाठ के आधार पर रिक्त स्थानों की पूर्ति करो:

1. \_\_\_\_\_ निकल आया।

2. \_\_\_\_\_ इधर आ।

3. \_\_\_\_\_ तितली मत पकड़।

4. \_\_\_\_\_ पढ़।

## STEM Activity- Water Measuring in different cups.



Let's play with water. Water is a rich STEM material and water play activities are a great way to engage kids.

### Material Required-

Different sizes of tumblers or glasses and water.

### How to do:

- ✓ Introduce the activity to the child.
- ✓ Tell the child that we will pour water in different cups.
- ✓ Next, we will compare the water levels in each cup.
- ✓ Encourage the child to pick up the cups and compare the level of water.
- ✓ This activity will help to develop the measuring & comparing skills.

## Activity Sheet

# 'इ' स्वर से बने वाक्य



UKG

Day-20

Date : .....

Child's Name : .....

दिन निकल आया ।

दिन निकल आया तो कौन आई ?

चिड़िया आई ।

\_\_\_\_\_

चिड़िया इधर आ ।

चिड़िया क्या खा ?



दाना खा ।

\_\_\_\_\_

किरन तितली मत पकड़ ।

किरन क्या पढ़ ?

किताब पढ़ ।

\_\_\_\_\_

पाठ के आधार पर रिक्त स्थानों की पूर्ति करो:

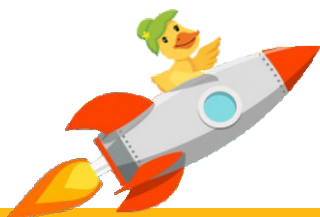
1. \_\_\_\_\_ निकल आया ।

2. \_\_\_\_\_ इधर आ ।

3. \_\_\_\_\_ तितली मत पकड़ ।

4. \_\_\_\_\_ पढ़ ।

Motivation tag : .....



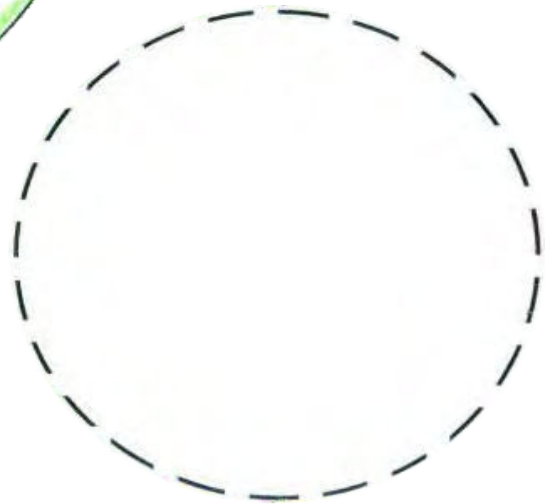
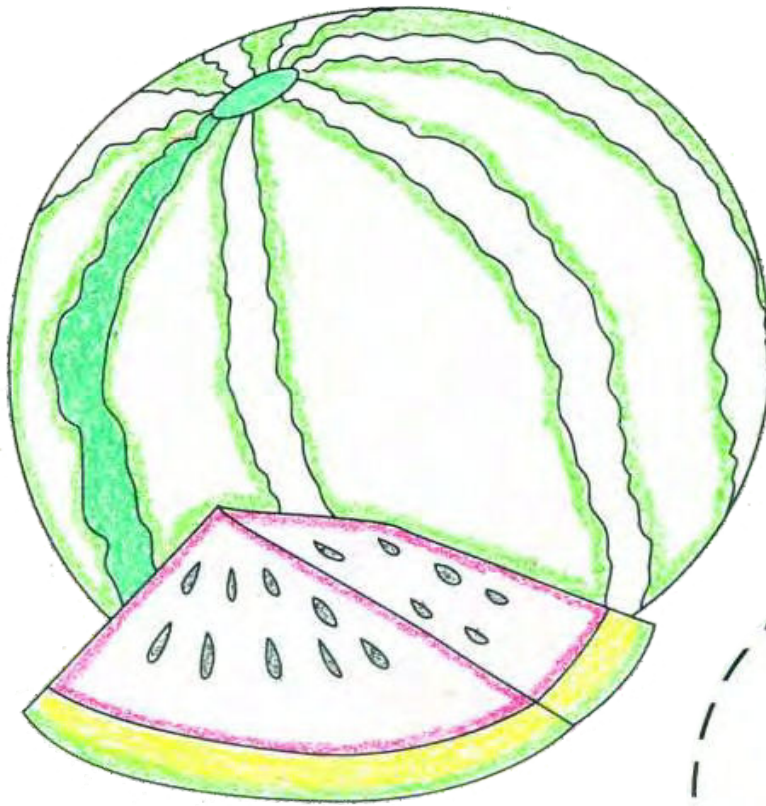
## Activity Sheet

Watermelon is round. It has red colour. It is juicy.  
Let's fill colours in it.



Date : **Day-20** .....

Child's Name : .....



Motivation tag : .....



# Activity Sheet



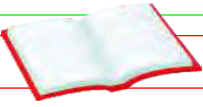
UKG

Day-20

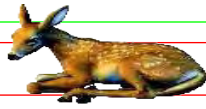
Child's Name : .....

Date : .....

चित्र पहचानकर रिक्त स्थान भरो



1



2



3



4

1

3

2

4

जवाब:— किताब, हिरण, सिर, पिन

पढ़ो और लिखो

1 .तकिया

2 .फिर

3 .साइकिल

4 .गिटार

Motivation tag : .....



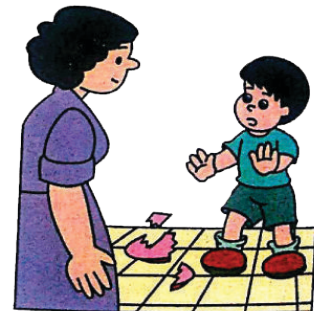
## Activity Sheet Myself

Circle the things you enjoy most.



Child's Name : .....

Date : ..... Day-20 .....



Motivation tag : .....

